Al-Hilal

Allah Helps Us Grow!

A Magazine for Children

2006-1

US $2
Assalāmu ‘alaikum dear readers, and welcome to the spring issue of Al-Hilal.

Hadrat Khalifatul-Masih II (radiyallahu ‘anhu) said, “Nations cannot be reformed without the reformation of the youth.” We are the future of the Ahmadiyya Jama‘at and all our decisions should be, not only for our own benefit but also for the sake of Allah. Doctor, lawyer, athlete, etc., are all professions that are important and rewarding, but the greatest reward is the happiness of Allah. When our missionaries were young khuddam, they decided to go to Jāmi‘a Ahmadiyya and sacrifice all, if any, of their secular professional dreams to serve Allah. We should keep this in mind when we meet our missionaries and find out what inspired them to make such a sacrifice and young boys should see if this would be a good career path for them. Furthermore, no matter what we plan for our future we should always try to be the best at it. The Promised Messiah ‘alaihissalam said, “My followers will excel in education and knowledge.” Now it is up to us to make that prophecy true. And I hope and pray we shall Inshā’allah.

The zenith of all careers is to follow in the footsteps of our beloved prophet Hazarat Muhammad Mustafa (sallallahu ‘alaihi wa sallam). It is his uswa husana (excellent example) that directs us in the right path. The articles in the current issue are arranged so that the readers may first read about a variety of different careers and then about some of the aspects of the life of Holy Prophet Muhammad (sallallahu ‘alaihi wa sallam), which shows us the path that leads to fulfilling our dreams.

Wassalām,

*Sahibzada* Khalid Latif, Editor
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Front Cover Design Courtesy of Sumera Choudhary

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Some of the things Allah likes us to do...

And of men there is he who would sell himself to seek the pleasure of Allah; and Allah is Compassionate to His servants.

O ye who believe, come into submission all of you and follow not the footsteps of Satan; surely he is your open enemy.

The Holy Qur’an, 2:208-209

And let there always be among you a body of men who should invite to goodness, and enjoin virtue and forbid evil. And it is they who shall prosper.

The Holy Qur’an, 3:105
When I grow up...

Naila Ijaz ~ Southern VA ~ Age: 13

When I grow up,
I want to end all wars,
And spread the message of Islam,
To all of the world’s shores.

When I grow up,
I want to help everyone,
Have a good life,
Enjoy and have fun.

When I grow up,
I want to help humanity,
Be righteous and do good deeds,
Without pride and vanity.

When I grow up,
I want to be a good person,
So the conditions of the world get better,
And do not worsen.

2006-Issue 1
Careers are hard to pick,
I’d like to do something I would
enjoy,
But my future depends on it.
Maybe something to do with
art,
Maybe I should work with
graphics, but then again,
something useful
Something the world
really needs
There’s so many graphic
designers
Doctors are pretty important,
But I don’t think I’d like to go into
the medical field
I better pick soon or I won’t have a
clue.
So many choices but some I don’t
feel comfortable with.
Well, for now I guess that narrows it
down to one.
I think I’ll just like to be me!
My name is Durdana Nasreen. What do I want to be when I grow up? I like lots of different job but I don’t know what to do. The job that I want to pick is a doctor. The job that I want to do is to make my parents proud of me. I will give the patients shots and I will give them medicine. That’s how I want to make the world a better place.

When I grow older I would like to be a doctor because then I would be able to help people. For example, if some people were sick I would give them medicine. If some people just had a rash or an itch, I would give them some kind of anti-itch lotion. I also think I should be a doctor because if people were sick and they didn’t have a doctor to give them medicine, then they wouldn’t be able to do their jobs and get money to pay for food and then they might die. That is why I think I should be a doctor and help everyone get cured.
This story is about two girls discussing their future. Their names are Nadia and Salma.

Nadia: “Hey Salma! I’ve been thinking a lot and I don’t really know what to do when I grow up.”

Salma: “Well, you can be a doctor, a lawyer, a nurse or even a business woman.”

Nadia: “Those seem hard. I also want a job that is not only good but fun too. Oh, what should I choose?”

Salma: “It’s O.K. if you don’t know yet. We are just kids. But there has to be something that you like to do and want to go on doing in the future. “

Nadia: “Well, I do like to teach, is there a job for that?”

Salma: “Yes it’s called teaching. I think you would do a great job as a teacher.”

Nadia: “What about you? What do you want to be when you grow up?”

Salma: “Hmmm, I didn’t really think of myself. I would like to work in a hospital; to work and help patients. I think I will become a doctor!

Nadia: That’s a great choice. Insha’allah both of us will have nice jobs when we grow up.”

Salma: “Yes, Insha’allah.”

You may want to grow up to do different things, but think of things which will please Allah.

Sara Khalid
Dallas Texas
Age 13
Atta-ul-Kareem Kashmiri  
Tucson, AZ  
Age 12

When I grow up I want to become a prosecuting attorney. The main reason I want to become an attorney is because I like the law and I would like a job involved in the law. I hope to get my bachelor’s degree and even maybe get my master’s degree, Insha’allah. The college I would like to go to is Harvard University. I would also like to be involved in the Jama’at, still coming to meetings and gatherings. Since I am a Waqf-i-Nau child, I would have to go wherever Jama’at sends me after I am through with school. Maybe I would get married (don’t really know yet). I would like to live in a home somewhere in the U.S. even though I will have to travel for Jama’at.

I could travel to other countries serving the law wherever I go. People who break the law, rich or poor, will have to face the proper punishment. I hope the services I provide will be useful to the Jama’at, Insha’allah.
It was at a National Lajna Ijtema a few years ago, where my heart felt deeply touched by one of the speaker’s inspiring presentation. The question accompanied by her tears were imprinted directly on my heart. “How many idols do we worship everyday even when we recite: There is no God but Allah?” In my heart, I replied, “None, we don’t worship any idols!” but soon felt ashamed when she very gently reminded us, “that even though the people of Arabia worshiped about 360 idols before the advent of Holy Prophet (saws), we tended to worship more idols in this society than we realized. For example, when we lie, we place our fear of someone else above Allah; thus worshiping the idol of falsehood. When we are lazy and miss our Salat or if we are watching a movie and the prayer time runs out, the movie becomes the idol because we gave it preference over our prayer.” She gave many examples from everyday life that made me realize how many idols I needed to break and had not even thought about them!

This inspiring speaker was our National Lajna Sadr, Dr. Shanaz Butt Sahiba. I feel very fortunate that Allah has blessed me with an opportunity to learn so much from her in so many areas of life. I find her to be a kind mother, a true friend, a loving sister, a sincere advisor, and a great mentor.

She was born in India in an Ismaeli family and accepted Ahmadiyat in 1983. Ever since she became a member of this community, she has volunteered her time in some capacity or the other. She has held many offices in
Lajna, including General Secretary and Nai’b Sadr and has been organizing conventions (Ijtemaat) for us since 1990. At the first convention, 50 members attended. Now, we enjoy the company of over 1000 who come from long distances just to attend one of the 4 Ijtemaat held each year.

She was elected as a National Sadr, Lajna Imaillah-USA in 2000. Besides her duties to Lajna/Nasiart, she also serves on several Jamaat Committees, including Islahi, Khilafat Centenary Celebration, Talent Award, Education, Rishta Nata, and is on the editorial board for Muslim Sunrise and Al-Hilal. She is married and often says that although she has two biological children, she considers all Ahmadi children as her own and feels lucky to be a part of this extended family!’’

By profession, Sadr Sahiba has a Doctorate in Medicinal Chemistry and is a Professor (of “Brain Science” - correctly known as Neuropsychopharmacology)! She has published about 50 papers in her field of research and present her research at national and international meetings approximately 75 times so far. She is also the Associate Dean for the College of Graduate Studies and the Director of the Office of Intellectual Property and Technology Transfer at the University of the Sciences in Philadelphia.

I had a little chat with Sadr Sahiba on behalf of all her children who may be seeking help with their educational goals, or career paths to choose, or how to use their talents and time to serve the community. If you are one of those children, please read on!

**Where did you go to school?**

I attended an all-girls English Convent School in a suburb of Bombay. As a result, I hardly learned to speak or write any other language but English. However, I had a familiarity with many languages, including Hindi, Gujrati, Kutchi, Marathi and Punjabi.
What activities did you participate in at your school?

I regularly participated in elocution, debates and dramatics. I also enjoyed swimming, tennis, bicycling and volley ball. In grade 9, I was moved to an all science curriculum and hence find myself to be weak in history, geography and humanities.

What educational path led you to your present career?

When I completed my high school, I was allowed to skip the first year of college because of my grades. I completed my BS with a double major in Microbiology and Chemistry. When I completed my MS degree in Organic Chemistry, the University of Bombay awarded me with a Gold Medal and other awards. I came to USA on a scholarship and graduated with a PhD degree in Medicinal Chemistry from the Medical College of Virginia.

What did you want to be when you were growing up?

A life long learner! Being very curious and a voracious reader, I asked a lot of questions. My father felt that my curiosity would be satisfied if I went to Medical School. However, I was very shy of people, and loved the company of my books. So I decided that test tubes were less intimidating than people, especially sick people. Being easily affected by pain and poverty, I thought that I would not be a good doctor if I became emotionally involved in the sufferings of my patients. I wanted to remain a student forever and decided to get a Ph.D. because it was the highest degree one could get and it would lead to constant research and therefore learning. I had no idea what I would do with this degree once I achieved it. My choice at that time was purely based on my desire to learn, not
on a specific career path.

**How did you decide to become a Researcher?**

My initial Ph.D. work focused on preparing compounds for the treatment of cancer. However, at the University of Pennsylvania, I worked with a group of psychiatrists and neuroscientists and my first research project included the synthesis of compounds that could be used for imaging the brain. At that time, I did not do any biological work, but was involved with the chemistry of drugs. A technician in the lab would perform the bioassays to find out if the compounds that I made were biologically active or not. However, it so happened that the technician would often be busy with other experiments. Out of sheer impatience, I began to perform the experiments myself to determine the activity of these compounds in brain tissues. In a short while, I became familiar with the techniques and began to teach myself physiology and pharmacology of the central nervous system. The rest is history! I have not looked back at chemistry ever since and refer to myself as a neuropsychopharmacologist—which is a big word for studying how different drugs affect the brain and our behavior!

**Has your Research helped people?**

I like to believe that my research has helped to unlock some of the mysteries of how we become mentally sick. When we become stressed for long periods of time, the stress causes changes in our mood and ability to concentrate, leading to depression, anxiety and other mental problems as well as physical problems if we are not careful. Especially in the western society, when people get...
stressed, they tend to smoke, drink alcohol or take drugs that affect their minds. Since it is not possible to do this type of research in living humans, our lab uses an animal model to study these interconnections. We image different parts of the brain and study the pathways and brain chemicals and drugs that may be responsible for causing or preventing depression, alcohol and drug abuse, and other stress related mental disorders.

**Why do you like to study the brain?**

If you think about it, we all have a heart, blood, muscles, lungs, kidney, stomach, etc. This should technically make us all identical, but we are so different from each other. The reason is that each one of us is unique in the way we think, feel, react and behave. These differences come from the brain and how it perceives the environment inside and around us. It is our brain which serves as the “Master Mind or Command Center” and controls our memory, sleep, appetite, movement, moods, thoughts and feelings. The brain controls the workings of the heart, lungs, kidneys, etc., and yet we know so little about it. There is so much to learn and discover about this fascinating organ that even if I spend the rest of my life focusing on the brain, I will feel that I know very little!

**How did you get involved in Lajna work?**

When I became part of Lajna Philadelphia, I thought that if I volunteered in some way or another, I would get a chance to learn more about Islam. I was elected to a local office as general secretary and during that time Sister Salma Ghani, then national Sadr of Lajna USA asked me to organize a National Lajna Ijtema. In those days, we held one national ijtema; now we organize 4 around the country. I received help from many lajna members and in an attempt to organize this event, I began my journey as a lajna member. I found the work to be very satisfying and I became drawn towards it and wanted to volunteer more and more of my
How do you link your work at the University with volunteer work in Lajna?

There are many beneficial connections. Whatever I learn in my career, I bring back to Lajna and use it for the benefit of the Jama'at. Whether it is computer, organization, management, public speaking, strategic planning or other skills, I try to utilize whatever good I have learned in my career for the sake of the Jama'at. My interaction with students allows me to understand the struggles they go through with their career choices or financial responsibilities or in their personal lives. So it provides me with a better perspective on some of the challenges that our younger members are facing in this society and provides me with greater understanding and compassion. While interacting with students and colleagues, I am able to remove misunderstandings about Islam, particularly about the role of Women in Islam, and hold many discussions on moral and ethical issues with students and faculty members. Being actively involved in volunteer work for the sake of God alters your perspective of the world around you. As your relationship with God improves, you find that your relationship with people also improves. You are less inclined to be affected by peer pressure and more inclined to stay true to your values and principles. As a result, you build greater trust and respect from those around you.

What advice would you give to children of USA Jama'at?

Be a life long learner and strive to be the best in all that’s good. You are smart and capable children, and I am sure that you will seek out a good education. However, please do not base the choice of your career on how much money you will make or how rich you will become. Instead, get an education that is based on your abilities and how you can help the community after you graduate. Remember that your talents come from God, and when you work
for the sake of God, you are in a sense saying thanks and repaying God for what He has blessed you with. In order to become a strong Ahmadi when you grow up, get into the habit of telling the truth. Do not get into the habit of always trying to please people around you. Get into the habit of trying to please God first. Whether you are at the Masjid, home, in school, college or at your job, always speak the language of Islam. Wear this badge of honor (Islam) proudly so that you become an ambassador of Islam in everything you do. Your actions more than your words should proclaim your Faith and your Love for God. Finally, I will leave you with a piece of advice that my mother gave me when I was growing up. She always said, “Do your best, and God will do the rest.” May Allah enable you to do your best, always, Ameen.

 Quarterly Al-Hilāl. A magazine for children, by children, that provides them with a creative opportunity to learn about the world around them, and how to apply the teachings of Islam and Ahmadiyyat to their daily lives.

Al-Hilāl (The New Moon) is published by the Ahmadiyya Movement in Islam, under the auspices of the Children’s Magazine Committee, and directed by Dr Ahsanullah Zafar, National Amīr, Jama’at Ahmadiyya, USA. The publication of this magazine was launched by the late Hadrat Sahibzadah M. M. Ahmad (1913-2002). The members of the committee are Maulana Zafrullah Hanjra, Ahmadi Muslim Muballigh (Missionary) at Houston, TX; Maulana Azhar Haneef, Ahmadi Muslim Muballigh (Missionary) in Philadelphia, PA; Shanaz Butt, Sadr of Lajna Imaillah, USA; Naseem Waseem, Sadr Majlis Khuddam-ul-Ahmadiyya, USA; Tazeen Ahmad of Maryland; Musa Asad of Maryland; and Syed Sajid Ahmad of North Dakota acting as the secretary of the committee.

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Regardless of what we hope to be when we grow up, every Muslim man, woman and child can agree that as they grow, they want to be more and more like the Holy Prophet Muhammad (May Allah shower his choicest blessing upon him): the best role model mankind had to emulate, respect and praise.

Verily you have in the Prophet of Allah an excellent model.
The Holy Qur’an, 33:22

Razzaq and Farida
A story for children written by Dr. Yusef A. Lateef. Published by Majlis Ansarullah, U.S.A. Children and new Muslims, all can read and enjoy this story. It makes a great gift for the children of Ahmadi, Non-Ahmadi and Non-Muslim relatives, friends and acquaintances. Every page of the story is accompanied by a colorful drawing.
Send $1.50 per copy to Chaudhary Mushtaq Ahmad, 15000 Good Hope Rd, Silver Spring, MD 20905 with your mailing address.
The Holy Prophet Muhammad Mustafa (peace be upon him) was such a courageous, intelligent, loving, caring human being it is hard to imagine anyone could do anything but love him. He was a blessing for all of mankind and his message was universal. One of the main reasons that I think everyone loves such a blessed man is because he brought the divine message of Islam. He was and still is a magnificent role model for all of mankind. Another reason I love him is because he was the most kind and compassionate person who ever appeared in history. Almighty God says in the Holy Quran:

“And we sent thee not but as a mercy for all mankind.”

(Holy Quran, 21:108)

In conclusion The Holy Prophet of Islam was such a great person that you couldn’t help but to love him.
Generosity of the Holy Prophet Muhammad (peace be upon him)

Rizwan Krishan Dard ~ 11 years old ~ Research Triangle NC

The Holy Prophet Muhammad (peace be upon him), was a very generous and kind man. He always distributed all he had to the poor. One of the many incidents that showed this was when the Holy Prophet, peace be upon him, married his first wife Hadrat Khadija (may Allah be pleased with her), she presented all her wealth and slaves to the Holy Prophet (peace be upon him). Immediately, he freed the slaves and gave the money to the poor and the needy. Throughout his life God kept bestowing worldly riches upon the Holy Prophet (peace be upon him) and the only thing he did was distribute the wealth to the needy and poor.

Another incident out of many that showed his generosity was when he gave a new Muslim a valley filled with a herd of sheep. That Arab chief had asked for the land. The Holy Prophet (peace be upon him) gave him the pastures and the goats in them. This incident was not less than a miracle. The Arab chief was so impressed by the Holy Prophet’s generosity that when he returned to his tribe, he asked them to become Muslims, “Muhammad (sallallahu ‘alaihi wa sallam) gives without fear of poverty.

Since the Holy Prophet (peace be upon him) gave away all he had, he usually remained short on material wealth, food and clothing.
Our Beloved Prophet

Salma Azam ~ Age 14 ~ Research Triangle, NC Jamaat

The most knowledgeable of the wise
Through all darkness and despair did he rise
His mother saw his coming in the most glorious dream
Like an angel did the Holy Prophet (sallallahu alaihi wa sallam) seem

Oh beloved prophet! How unlucky am I!
The mere mention of your name makes my heart sigh
Why did you have to leave this Earth-before I ever came?
Anyone who dares not love you is deaf, dumb, and lame!

You were appointed by Allah, as king of all humanity
You were the most beautiful, yet you knew no vanity
The golden crown of love rests upon your noble head
You were a humble king, and ensured the poor were fed

No one has your virtue
No one has your guiding light
The perfect example in all you do
You are perfection at its height!
The Holy Prophet (peace be upon him) is a great example for men of how to treat their wives and how to address them. He was kind and compassionate towards all of his wives. He knew many details about his wives, including their reactions and habits. One example was his wife Hadrat Aisha’s habit that whenever she was angry she called the Holy Prophet (peace be upon him) something else then when she was pleased with him. The Holy Prophet (sallallahu ‘alaihi wa sallam) said to Aisha one day: “Aisha, whenever you are upset with me I always get to know it.” Aisha inquired, “How is that?” He said: “I have noticed that when you are pleased with me and in the course of conversation you have to refer to God, you refer to Him as the Lord of Muhammad. But if you are not pleased with me, you refer to Him as the Lord of Ibrahim.” At this Aisha laughed and said he was right (Bukhari, Kitab al-Nikah). This example shows how he quietly noticed the slight habits of his wife.

The Holy Prophet was also very helpful and hardworking at home. He helped his wives first with the household chores and then he did his own chores by himself. Hadrat Aisha says, “He would patch his garments and sole his sandals.” She was once asked, ‘How was he with his family?’ She responded, ‘He was in the service of his family until it was time for Prayer, at which time he would go and pray.’ As you can see, the Holy Prophet is a role model for everybody to follow. May Allah help us follow his example. Ameen.
Cartoon Controversy

Hasan Hakeem, Zion Jama‘at President, Zion IL

The controversy surrounding the cartoon depiction of the Prophet Muhammad (peace be on him) is an eye-opening example of our need to better understand Islam. It also underscores our need to be responsible in balancing our freedoms with the fragile sensitivities of the people of this nation, and the world at large.

Freedom should never be taken as an excuse to exploit the sensitivity of others, especially in matters of faith. Those cartoon images of the Prophet were insulting and forbidden in Islam. We believe this might not be widely known outside the Muslim world.

The Media is a powerful tool. It can be used to build harmonious relationships, be they interfaith, international, or interracial. However, much in the same way, it can destroy them. I congratulate the American media taking a stand against Islamophobia – drawing a line between Muslims and terrorists who happen to identify themselves as Muslims. I’m pleased to see our local media capitalizing on building a stronger and better world through education and responsible dissemination of information. I wish I could say the same for some of our European counterparts.

Although we can disguise our prejudice as “freedom of speech”, responsible media challenges us to seek the facts in order to respect the sensitivities of all religions. We live in a multi-religious society, and as world citizens, it behooves us to understand and respect our neighbors, if we seek to live with them in peace and harmony.

We believe members of all faith-based communities should stand together and condemn this type of profanity in
our midst. No Prophet of God should be depicted in such an insulting manner.

According to Muslims, there is only one acceptable designation of Muhammad, peace and blessings of God Almighty be upon him, which comes straight from the Holy Qur’an, "Muhammad is not the father of any of your men, but he is the Messenger of Allah and the Seal of the Prophets…” (3:41). This one sentence esteems him to the level most deserving of review and honest resolution.

Although he is not the physical father of any men who perpetuated his lineage, he is the spiritual father of well over a billion people. He is included among other holy recipients of Divine revelation and stands alone as their seal, attesting to the truth of all Prophets who were sent to various nations at various times, in accordance with the needs of those peoples. Muslims revere him as the best example of the most noble attributes ranging from kindness and generosity, to bravery and justice. We believe he brought the last and final law from God Almighty while being the threshold through which the Living God continues to communicate and guide. I state this so that those who put forth such assaults, be they in the form of misinformation campaigns or cartoon caricatures, should realize who they are insulting. It is far more than a man who lived 1,500 years ago—it is a group of 1.5 billion people who recognize and respect the Truth of all Prophets of all Faiths, peace be upon them all.

The well-known response of Muhammad, peace and blessings of God be upon him, to verbal and physical assaults was patience and forbearance. Despite a bitter thirteen year persecution including economic boycotts, murderous plots, intrigues and cruelty against the weak and helpless; he remained firm on non-violent reprisals. He endured rejection, oppression, death threats and eventual migration, as did other
prophets. However, once war was declared against his community, it was his duty as their leader to protect them, and employ every moral stratagem to ensure victory. This included taking up the sword in battles, and attacking the enemy’s caravan supply routes. When it was all said and done, Muhammad victoriously returned to Mecca, his hometown, with 10,000 soldiers, many of whom were eagerly awaiting their opportunity to avenge their previous persecutions. However, to the surprise of the Meccans, Muhammad had forgiven his most bitter enemies and granted a general amnesty.

Now is the time to revisit such forgiving platforms for all observing these recent incidents. Now is the time for conference, not confrontation; dialogue instead of debate; for engaging rather than enraging. The Ahmadiyya Muslim Community, from its international headquarters in Rabwah Pakistan, to Jama‘ats around the world, recognizes the need for understanding and is ever-ready to support efforts towards tolerance and respect.

*Love For All, Hatred For None.*

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**We want to hear from you!**

Children are encouraged to send their writings for publication in this magazine. Please mention your full name, age, city and state. If you want to send a picture or artwork, please send the original. If you want the original back, please write your address on the back of the artwork with the note: “Please send this back to” followed by your address. The Children’s Magazine Committee, under the supervision of the Amir, Jama‘at Ahmadiyya, U.S.A., will review and approve all submissions before publication.

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Characteristics of the Holy Prophet Muhammad (Peace and Blessings on Him)

By: Maariya Sayed Age 7

Animal Lover  Caring  Commander
Founder of Islam  Handsome  Helpful
Honest  Humble  Intelligent
Kind  Leader  Obedient
Peace Maker  Prophet of Allah  Respectful
Responsible  Role Model  Truthful
Companions of the Holy Prophet Muhammad (Peace and Blessings on Him)

By; Adeelah Sayed Age 11

Directions: Unscramble the following names of the Holy Prophet’s companions to solve the question at the bottom of the page. Copy the letters that appear in the numbered squares and write them in the question box above their number. Have fun!

TAHZAR BABS A

TAZRAH BAUBRAK

ZRATHA UAB UAIHRAR

RAHTAZ BUA DAABIU

HAAZRT LAI

HARTAZ LALIB

HATRAZ MIAFAT

ZHATRA ZAAHM

ZHTAAR SAISANH

By; Adeelah Sayed Age 11

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Al-Hilāl
Characteristics of the Holy Prophet Muhammad

by: Maariya Sayed Age 7

Companions of the Holy Prophet (sallallahu ‘alaihi wa sallam)

By: Adeelah Sayed Age 11

First Page answers:
HAZRAT ABBAS
HAZRAT ABU BAKR
HAZRAT ABU HURAIRA
HAZRAT ABU UBAIDA
HAZRAT ALI
HAZRAT BILAL
HAZRAT FATIMA
HAZRAT HAMZA

Second Page Answers:
HAZRAT HASSAN
HAZRAT JAFAR
HAZRAT KAAB
HAZRAT KHOBAB
HAZRAT MUSAAB
HAZRAT OMAR
HAZRAT SAAD
HAZRAT USAMA
HAZRAT USMAN
HAZRAT ZAID
HAZRAT ZUBAIR
In France, a girl started having seizures. During her seizures, she repeated prayers in the German language. The girl was French and did not speak or know German. Some physicians began speculating, “This girl does not know German language. She is speaking German because she is possessed by a ghost.”

A medical practitioner became interested in the matter. He was a renowned expert on memory. When he started searching, he found that her mother used to work for a German priest when the girl was 2 – 2½ years old. The girl used to be in a cradle while the priest was delivering the sermon in German. After finding this out, the doctor set out to find the German priest. He came to know that the German priest was in Spain at that time. On arriving in Spain, he found that the priest had retired and had gone to Germany. He went to Germany in his search. On arriving there, he found that the priest had died. However, he did not abandon his effort. He asked the priest’s family to show him any old papers the priest may have left behind. The family searched the house and found some documents and gave the papers to the physician. He discovered that they were the priest’s sermons and they contained the same prayers that girl verbalized when she had a seizure.

Note, that the few things the priest uttered in the presence of the girl when she was only a couple of years old were saved in her brain by Allah.
That is the reason that the Holy Prophet, peace and blessings of Allah be on him, directed that when a child is born in the house of a Muslim, immediately recite the call for Prayer in one ear of the child and the call for the start of the Prayer in the other ear of the child.

European scholars have found now that old things stay saved in human brain for many years, but Muhammad, the prophet of Allah, peace and blessings of Allah be on him, pointed to this fact over fourteen hundred years ago.

What does your name mean?

Most of the ahādīth, the sayings of the Holy Prophet Muhammad, sallallahu 'alaihi wa sallam, reached us through Hadrat Abū Huraira, radiyallahu 'anhu. Abū means father and huraira, a small cat or kitten. He was called Abū Huraira, father of kitten (or father of the cats), as at a time he had a kitten he used to take care of. Abū Huraira was not his real name. It was a nickname or surname given to him, termed as kunyah, kunyat, kinyat or kinyah in Arabic.

You will see the word abū or abi used often in the names of the companions as a kunyah. It means father of. The kunyah used for mothers is umm. So Ummi Hasan means the mother of Hasan.

Another word which you see often in the names of the companions is ibn. It is sometimes written just as bn. Ibn means son of. So Ibni Hasan means son of Hasan.

For ladies the word bnt is used, which means daughter of. Sometimes it is written just as bint. So Binti Hasan means the daughter of Hasan.
Spring Time

By Sharah Bashir—Bronx New York—Age 6

When it is spring, the flowers come out
The rainbow and the beautiful sun comes out

And bees buzz around
Butterflies are very sweet, Mushrooms grow too
I like spring because it’s nice out

When I play, I play with my best friends
My friends like spring too

Today is spring
Everybody likes spring. They get fresh air, it’s very relaxing
Grass grows, Grasshoppers hop on the grass
Sometimes I go to the park in spring

The birds flap their wings and fly
Clouds come up when the sun comes up
Sometimes it’s cold in spring
In 1906, Allah the Almighty exhibited a great medical sign at the hands of the Promised Messiah, peace be upon him, by curing rabies, generally an untreatable disease.

Abdul-Kareem, a student from the town of Yādgeer of Deccan state, was studying in Qadian at the time. He was bit by a rabid dog. He was sent to a special hospital in Kasauli for treatment. He came back to Qadian after days of treatment. But, after a few days, the signs of the disease started appearing in him. He became afraid of water. He shunned light. Everyone thought that he would die in a few days. He was moved from the school dormitory to a house. A wire was sent to the English physicians in Kasauli to inquire whether he could be treated. They responded that nothing can be done for Abdul Karim.

The Promised Messiah, peace be on him, felt strongly about his condition. Members of the community also requested the Promised Messiah, ‘alaihissalam, to pray for Abdul-Kareem. There was the danger that his death would give the adversaries of Ahmadiyyat a chance to ridicule. Abdul-Kareem was a young man and away from his family. These circumstances had great effect on the Promised Messiah, peace be on him. The Promised Messiah, peace be on him, started praying for him fervently and with great attention. The Promised Messiah, peace be on him, was pointed to a remedy which he administered to Abdul-Kareem. Suddenly Abdul-Kaeeem started getting better. He was not afraid of light anymore. He started drinking water. He performed ablution with water and offered Prayers and had a good night’s sleep. He was alright in a matter of days and all signs of the disease were gone.

Abdul-Kareem lived for another 28 years after his revival to tell about his miraculous cure from rabies and died in December 1934. (Syed Sajid Ahmad)
American Football was first started in the mid-nineteenth century. It grew out of rugby and soccer. Back when the sport started they did not have proper padding so lots of players got injured. They did not have any rules either. But in 1876 a coach named Walter Camp helped make the first rules. The game is now played in four quarters of 15 minutes each with half time after two quarters. The sport became more and more popular and many people started to watch the sport. The National Football League (NFL) was created in the 1900s. With time 32 teams were established in the NFL.

There were lots of great moments in the history of football. One of the greatest games was the Baltimore Colts Vs. New York Giants game, played in 1958. The Colts won it 24-17. The colts went down the field and scored a field goal to tie it up 17-17 in the 4 quarter. The game went in over time and the colts made a miraculous touchdown. This was the first game to go in over time. The game of American Football is a good one and is one of the best games in America.

There are two major leagues, American Football League (AFC) and National Football League (NFC). The winner of each league meet in the final match called Super Bowl.
Aḥmādi: A follower of Ḥaḍrat Mirzā Ghulām Aḥmad, the Promised Messiah, peace be on him.
Aḥmādis: Plural of Aḥmādi
Aḥmādiyyat, Aḥmādiyyah, Aḥmādiyya: Muslim sect believing Ḥaḍrat Mirzā Ghulām Aḥmad to be the Promised Messiah (second coming) and the Mahdi awaited by Muslims, peace be on him.
al-Hilāl: The new moon.
ʿalaihissalām: peace be on him
Amīr, Ameer: Commander, Head
Āmīn [Āmeen]: So be it. Amen.
assalāmu ʿalikum: Peace be on you.
Bukhārī: The most reliable source of the sayings of the Holy Prophet
Ḥadīth: Saying of the Holy Prophet Muhammad, sallallahu alaihi wa sallam.
Ḥaḍrat: [Hadhrat, Hazrat]: His Holiness
Hazarat: See Hazrat
Ijtimāʿ, Ijtemāʿ: Rally.
Ijtimāʿat: plural of Ijtima.
inshāʾallāh: God willing.
Jamāʿat: Community, Organization
Jāmiʿa Ahmadiyya: Ahmadiyya University training missionaries from members who have devoted their lives for the service of Islam.
Messiah, ‘alaihissalam. First two should be preferred.
khuddām: Plural of khadim. Servants, attendants.
Lajnah Imaillah : Committee of bondmaids of Allah.
Organization of Ahmadi Muslim ladies above 15 years of age.
Majlis Khuddamul-Ahmadiyya : (Organization of Servants of Ahmadiyyat): The organization of all Ahmadi men from 16 to 40 years of age.
Masjid : mosque
Maulana: our master, our lord, our chief. Title of respect for
Muslim religious scholars. Revered person.
Muballigh : bearer of news, notifier, informer, messenger. A missionary in Ahmadiyya community.
Muslim : A follower of the religion of Islam. A book of
Hadith, second in the six most authentic compilations.
Nāsirat : helpers (feminine). A member of Majlis Nasirat-ul-
Ahmadiyya, association of young Ahmadi girls.
Quran, Qur’an, Koran: recitation, a book most read. The Holy Book
revealed to Muhammad, sallallāhu ‘alaihi wa sallam.
raḍiyallāhu ‘anhu: : May Allah be pleased with him.
Sadr : President.
Şāhib : Companion, fellow, friend, owner, originator. Mr., a gentleman.
Şāhibah : Companion, fellow, friend, owner, originator. Mrs., Ms. Miss, a lady.
Şāhibzādah: : Son of a respected person, respected gentleman.
şalāt : Formal Prayer offered according to a prescribed
procedure. Thus, Salatut-Tahajjud, Salatul-Fajr, Salatuz-Zuhr,
Salatul-Asr, Salatul-Maghrib, Salatul-‘Isha.
şallallāhu ‘alaihi wa sallam : peace and blessings of Allah be upon him.
wassalām (was-sa-lām): and, (greeting of) peace.
What has four eyes and no face?

Mississippi