

# Al Hillal



US \$2

A Magazine for Children

2022-2

## QUARTERLY AL-HILĀL

A Magazine for children, by children, that provides them with a creative opportunity to learn about the world around them, and how to apply the teachings of Islām and Ahmadiyyat to their daily lives.

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**Chief Editor:** Saliha Malik

**Al-Hilāl Editorial Team:** Sabrina Asad – Ahsan Khan – Sarmad

Chaudhry – Olivia Barber

**Graphics:** Sumera Ahmad – Shoeb Abulkalam – Mahnoor Waseem – Nila Ahmad — Maleeha Bushra

**Submissions:** Shazia Ali, **Layout:** Naila K. Butt

E-mail: [al-hilal@ahmadiyya.us](mailto:al-hilal@ahmadiyya.us)

Online: <http://www.alislam.org/alhilal/>

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Al-Hilāl

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# Truthfulness

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**Editor's Note:**

The notation (sa) is an abbreviation of the prayer *sallallāhu 'alaihi wa sallam* (peace and blessings of God be upon him), which we say after the Holy Prophet Muhammad (sa). Though the prayer has not been written in full it should nevertheless be understood as being repeated in full in each case.

Similarly the notation (as) is an abbreviation of the prayer '*alaihis-salam* (peace be upon him) and is used at the mention of the Promised Messiah (as)

and all other prophets of God.

The notation (ra) is an abbreviation of the prayer *radiyallahu 'anhu/'anha/'anhum* (may Allah be pleased with him/her/them) and is used for the companions of the Holy Prophet (sa) and the Promised Messiah (as).

The notation (aba) is an abbreviation of the prayer *ayyadahullahu ta'ala bi-nasrihil -'aziz* (may Allah be his helper) and is used at the mention of the current Khalifa (aba).

Dear Reader, As-Salāmu ‘Alaikum!

As Muslims we are profoundly indebted to the Holy Prophet (sa) for his unbending example of truthfulness, which caused him to be known as ‘the truthful one’. Furthermore, we have in the Promised Messiah (as), his ardent follower, a similar proponent of truthfulness, giving us all many practical examples of how truthfulness attracts the Help of Allah. Even if one faces great difficulties, truthfulness is the only choice.

Allah tells us in the Holy Qur'an that those who exhort each other with truthfulness and steadfastness, which are interdependent and the foundations of good character, are securing a happy, contented, prosperous and progressive life (refer to Chapter 103).

I am delighted that our children are exposed to this excellent teaching at a young age. Please join me in reading their persuasive arguments on the saving grace of truthfulness.

Was-Salām  
Saliha Malik  
Chief Editor, Al-Hilāl



يَا أَيُّهَا الَّذِينَ آمَنُوا اتَّقُوا اللَّهَ

وَكُونُوا مَعَ الصَّدِيقِينَ ﴿٧﴾

وَلَا تَلِسُوا الْحَقَّ بِالْبَاطِلِ

وَتَكْثِمُوا الْحَقَّ وَأَنْتُمْ تَعْلَمُونَ ﴿٨﴾

يَا أَيُّهَا الَّذِينَ آمَنُوا اتَّقُوا اللَّهَ وَقُولُوا

قَوْلًا سَدِيدًا ﴿٩﴾

يُصْلِحُ لَكُمْ أَعْمَالَكُمْ وَيَغْفِرُ لَكُمْ ذُنُوبَكُمْ

وَمَنْ يُطِيعَ اللَّهَ وَرَسُولَهُ فَقَدْ فَازَ فَوْزًا عَظِيمًا ﴿١٠﴾



O ye who believe! fear Allah and be  
with the truthful.

[Ch. 9, V. 119]

And confound not truth with  
falsehood, nor hide the truth  
knowingly.

[Ch. 2, V. 43]

O ye who believe! fear Allah and say  
the right word.

He will bless your works for you and  
forgive you your sins. And whoso  
obeys Allah and His Messenger, shall  
surely attain a mighty success.

[Ch. 33, V. 71 &72]

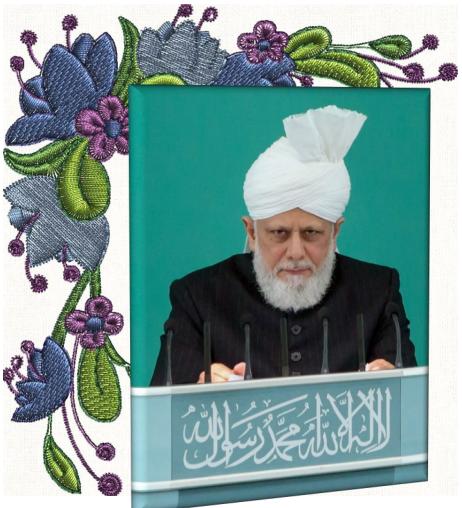


# Hadith

Leave alone that which involves thee in doubt and adhere to that which is free from doubt, for truth is comforting, falsehood is disturbing (Tirmidhi).

When you speak, do not lie.  
When you promise, do not break it. When you are trusted, do not betray it  
(al-Mu'jam al Kabir).





## TRUTHFULNESS Jalsa Address 8/27/2005

Hazrat Mirza Masroor Ahmad, Khalifat-ul-Mash V (aba), referring to the writings of the Promised Messiah (as) said, “The Holy Qur'an has also termed falsehood as an impurity and abomination, something filthy, as is mentioned [in the Holy Qur'an]:

فَاجْتَنِبُوا الرِّجْسَ مِنَ الْأَوْثَانِ وَاجْتَنِبُوا قَوْلَ الزُّورِ

*“Shun, therefore, the abomination of idols, and shun all words of untruth.”* [Ch. 22, V. 31]

Note here, that falsehood is positioned equal to idols. And in reality, falsehood is an idol. Otherwise, why would someone leave truth and gravitate towards falsehood. Just as idols have no truth to them, similarly falsehood is nothing but deception and a facade. Those who repeatedly lie lose their credibility to such an extent that even when they tell the truth, it is suspected that the statement is still interspersed with lies. Even when habitual liars wish to lessen their habit of lying, they are unable to do so right away. They would have to practice it for a long time before they could achieve the habit of speaking the truth.” (*Al-Hakam.* Vol 6: #31. 8/31/1902. P.2)



Therefore, every Ahmadi should also wage a *jihad* [struggle] against falsehood. Turn yourself into such a truthful person, that no one could ever point a finger at you and say

that you had said such and such thing at such and such time, which was not true in its entirety. Each and every word you say, every sentence you utter, should be nothing but truth. An Ahmadi should be an example of truthfulness. The standard of your truthfulness should make such an impression that every person, their eyes closed and without giving a second thought, trusts your every word. It should never cross their mind that you would ever

falsify anything. This should be the standard of your truthfulness. Once you have achieved these standards, as I have mentioned, the standard of truth in the future generations of the Ahmadiyya Jama‘at will be so great that it will have no equal.



When truthfulness spreads to such an unmatched degree, then the time will come when no obstacle will be able to stop you. You will continue spreading and you will continue growing. No one will be able to stop your message. No one will be able to hinder the progress of Ahmadiyyat. As I said earlier, when these standards of truthfulness reach such heights, no one can stop it. Every worldly idol is shattered to pieces before it. Once you raise the standard of your truth to such greatness, you will be counted as a *siddiq* [a truthful one] before Allah as well.

(From **Address to the Ladies, Jalsa Salana Germany**, 8/ 27/ 2005)

Truth

# TRUTHFULNESS THE BASIS OF ALL VIRTUE

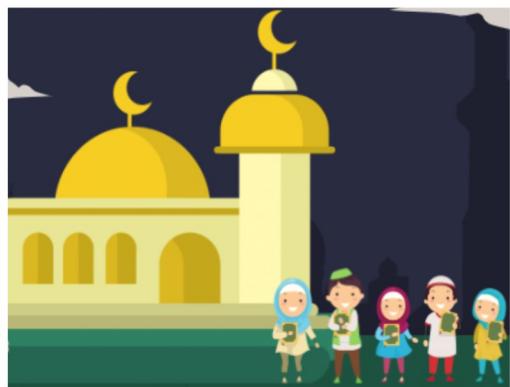
Nomana Ahmad / Age 8 / Virginia South

The Holy Prophet (sa) had very high standards of truthfulness. He regarded truth as the basis of all virtue, goodness, and right conduct. As Ahmadi Muslims we should not lie. We should strive to follow the Holy Prophet's (sa) example and tell the truth.



Our beloved Huzoor (aba) said, 'If you want to save yourself, maintain your peace and quiet, and purify your society, then you will have to stay completely away from lies and tread the path of truth'

(Jalsa Salana Fiji, April 2006).



# *Being Truthful*

Dure Adan / Age 14 / Houston

Allah says in the Holy Qur'an:

**"O you who believe! fear Allah, and be with the truthful"** [Ch. 9, V. 119].

Ask the average person to define truthfulness and the answer will most likely be restricted to something about truthful speech. Islam, however, teaches that truthfulness is far more than having an honest tongue. In Islam, truthfulness is the conformity of the outer with the inner, the action with the intention, the speech with belief, and the practice with the preaching. As such, truthfulness is the very cornerstone of the upright Muslim's character and the springboard for his or her virtuous deeds.

By practicing truthfulness, a person improves himself; his life is made upright, and due to it he is elevated to praiseworthy heights and raised in rank in the sight of God as well as the people. As the Prophet Muhammad (sa) related,

**"Truthfulness leads to virtue, and virtue leads to Paradise. A man continues to be truthful and strives for truthfulness until**

he is written as a truthful person with God. And beware of falsehood, for indeed falsehood leads to sinning, and indeed sinning leads to the Fire. A man continues to tell lies and strives upon falsehood until he is written as a liar with God" (Saheeh

Muslim).

So, truthfulness is something which is to be cultivated till it becomes implanted in a person's soul and disposition and therefore reflected throughout the person's character. Ali



bin Abi Talib, the cousin and son-in-law of the Prophet Muhammad (sa), mentioned the positive reciprocal effect of behaving truthfully with people in this worldly life, he said, "Whoever does three things with regards to people, they will necessitate three things from him: Whenever he speaks to them he is truthful; whenever they entrust him with something he does not betray them; and whenever he promises them something he fulfills it. If he does this, their hearts will love him; their tongues will praise him; and they will come to his aid."

May Allah strengthen us on truthfulness, *Ameen*.

## A True Story

Sahibzada Nabeel Ahmad / Age 11 / Virginia North

According to Hadith, there was an incident in which a man came up to the Holy Prophet (sa) and said, "I have in me many evils. I cannot leave all these evils at a stroke. Tell me a

way by which I can give up one bad habit to start with." The Holy Prophet (sa) said to give up lying. The man then responded, "What you have told me is very easy."

When the man got home, he thought of robbing someone, but then realized he would have to tell

the truth and, therefore, he would be punished. Slowly, the man realized that every time he wanted to commit an evil deed, he would have to tell the truth, and would be punished or humiliated. After the man gave up lying, all his other sins faded away. He went up to the Holy Prophet (sa) and said, "**By making me give up one bad habit, you made me give up all evils.**"

In conclusion, lying seems like a small thing to give up, but it has a huge impact. Huzoor (aba) recounted this story in his speech at the annual convention in Nigeria in 2008.

# *An Inspiring Example*

Laiba Bajwa / Age 13 / Queens

Lying is the root cause of all sins. Telling the truth will not only help you, but it will also please Allah and your parents. In the Holy Qur'an it says:

**"O ye who believe! Fear Allah and be with the truthful"** [Ch. 9, V. 119].

Sometimes telling the truth will get you in trouble, but if you lie, things can get worse. The Holy Prophet (sa) said, "**"Truth saves, falsehood destroys."**" This Hadith tells us that when you speak the truth you will be saved, and if you lie you will be in danger and also in trouble.

There's an incident from the Promised Messiah's (as) life where he once sent a letter with a publication but that wasn't allowed at the time. He was called to the judge and as he was going his lawyers told him to just say he didn't do it. However this would mean that he would have to lie. Instead of lying the Promised Messiah (as) told the truth and the judge was so impressed by his truthfulness that he dropped all the charges against him.

From this incident we can learn that it seemed as if he had told the truth he would have been in trouble, but he put Allah first and everything ended up working in his favor. May Allah help us all to be truthful and honest like the Holy Prophet (saw) and Promised Messiah (as).



# Success comes with Truthfulness

Muhammad-Jahid Agha Khan / Age 7 / Baltimore

A long, long time ago, there was a boy named Sheikh Abdul Qadir Jilani. He was traveling to Baghdad in a caravan. His mother told him before he left to always be truthful. She sewed forty gold coins inside his vest. Along the way, some robbers came. They asked everyone if they had any money or any valuable things. When they came to this young boy and asked "Do you have anything?" the boy said "Yes." The



thieves looked everywhere in his clothes and did not find anything. Then they asked him where the money was. He then showed them where his mother had sewn the gold coins in his vest and gave it to them. The thieves were so deeply touched by his truthfulness that they became Muslims and returned him all his gold coins. So because of that one act of truthfulness, everyone got their belongings back. This shows that success comes with truthfulness and our religion Islam teaches us to be truthful, always!

# **“AS-SIDDIQ” AND “AL-AMIN”**

**Jaziba Ahmad/Age 13 /Austin, Texas**

Our beloved Holy Prophet (sa) is the best role model of honesty and truthfulness for the entirety of mankind. The Holy Prophet (sa) was known as *As-Siddiq*, the Truthful and *Al-Amin*, the Trustworthy. The Meccans had so much trust in his fairness and justice that they always turned to the Holy Prophet (sa) to resolve their disputes. Even Meccan pagans trusted none but the Holy Prophet (sa) with their valuables. When the Holy Prophet (sa) had to escape Mecca for Medina, he asked his cousin, Hazrat Ali (ra) to stay behind to return the valuables safely to their owners.

Once, the Holy Prophet (sa) gathered all the Meccans near Mount Safa and asked them: “**Will you believe me if I say that an army is approaching from behind the mountains?**” All of them replied, “**Yes, because we have never heard you telling a lie.**” This shows the strong trust and faith of the Meccans in the truthfulness and honesty of our beloved Prophet (sa).

It is narrated that once a dispute arose among the various tribes of Mecca about the placement of the Black Stone in its proper place in the Ka'bah. They decided that the one who entered the Ka'bah first the next morning should place it. The Holy Prophet (sa) was the first to enter the Ka'bah that morning. The people were very happy that the one who held the title of *Al-Amin* and *As-Siddiq* would be the one to lay the Black Stone in its proper position. The Holy Prophet (sa) treated all tribes fairly by putting the Black Stone on a cloth and allowing each tribe chief to hold the cloth and lift the stone up. Then the Holy Prophet (sa) placed the stone in

the corner of Ka'bah.

When the Byzantine Emperor Heraclius received a letter from the Holy Prophet (sa) inviting him and his people to Islam, he called the Arab trader, Abu Sufyan, who was then visiting his country to inquire about the Holy Prophet's (sa) integrity. Despite being a non-believer at the time and a strong opponent of Islam, Abu Sufyan testified that the Holy Prophet (sa) had exemplary honesty and unmatched truthfulness. Indeed, our beloved Holy Prophet (sa) is the best example of honesty and truthfulness. We all should try our best to follow in his footsteps and become '*As-Siddiq*' and '*Al-Amin*'.

## THE PROMISED MESSIAH (AS ) AN EXAMPLE OF TRUTHFULNESS

Amna Khalid / Age 15 / Baltimore

In 1877 Ralia Ram who was a Christian, sued the Promised Messiah (as). The Promised Messiah (as) had placed a letter inside a parcel, not knowing that it was illegal to do so. Some lawyers advised the Promised Messiah (as) to tell a lie and say that he did not place any letter.



However, the Promised Messiah (as) remained firm on the truth. God already revealed to the Promised Messiah (as) in a vision that Ralia Ram had conspired against him in this case and that the Promised Messiah (as) would stay unharmed. This beautiful example shows us that when we tell the truth, Allah is with us.

# Truthfulness and its effect on Health

Zainab Waseem / Age 14 / Columbus

Truthfulness is an amazing quality we should all have. It was a quality that the Holy Prophet Muhammad (sa) was known for. Interestingly, science has shown that speaking the truth can actually improve our mental, social, and physical health.

Today, it is estimated that the average American lies about eleven times a week. Scientists gathered a group of people and told half of them to continue lying as they normally did, and the other half to stop lying. They saw that the people who were told not to lie had less mental issues, such as anxiety or sadness, and less physical issues, such as headaches or a sore throat. This shows that speaking the truth is actually really good for your mind and body. They even had better and stronger relationships compared to the people who lied.

It is also shown that lying can cause a person to have increased anxiety. This happens because you now need to make up more believable lies in order to defend your previous lie, and the cycle just continues. It also makes you frustrated because of how much effort you have to put into just making simple conversation. You have to re-think your every word to make sure you do not contradict yourself. On the other hand, if you speak the truth you do not have to worry about any of this, which gives you mental peace and satisfaction.

When you continuously tell the truth, people around you start to trust you, which gives you a good reputation. So, when



the time comes, people can rely on you, which makes the bond between you stronger. For example, one time the Holy Prophet (sa) called the people of Mecca and asked them, “**O people of Mecca, if I told you that there is huge army behind this mountain coming to destroy us, would you believe me?**” The people replied, “**Yes, because you have always told the truth.**” Since the Holy Prophet (sa) had always told the truth, he had a great reputation. This shows us that always telling the truth helps people trust us and, with that trust, we can do great things.

Everyone should speak the truth to feel good about themselves, to follow the amazing example of the Holy Prophet (sa), and to create a good reputation for trustworthiness. All of this will also improve our health, In Sha’ Allah.



# **TRUTHFULNESS IS A GOOD QUALITY**

Hazeem Ahmad / Age 8 / Virginia South

I believe that speaking the truth and being truthful is a good quality. When people lie, they have to hide what they did so that the people won’t know their bad deeds. But Allah knows that they lied and inevitably the truth is discovered. Then they get into even more trouble than if they had just told the truth.



## Truthfulness Word Search

G	R	S	G	S	E	S	N	U	E	U	N	N	A
S	S	C	T	C	E	R	O	S	R	R	T	E	L
S	N	E	H	G	N	I	T	N	E	T	L	M	I
E	T	S	I	E	P	Y	A	B	C	P	S	R	S
N	T	T	H	T	O	T	G	O	N	N	Y	E	P
L	F	E	R	T	T	N	P	H	I	A	E	P	R
U	S	E	S	S	I	E	I	L	S	S	A	U	E
F	E	U	Y	Y	N	L	O	N	R	E	N	T	L
H	R	L	L	N	Y	T	S	E	N	O	H	A	I
T	S	O	E	T	I	A	M	A	L	S	I	T	A
U	L	S	S	R	N	I	T	S	Y	O	Y	I	B
R	S	F	I	N	T	I	L	L	R	S	I	O	L
T	L	H	P	I	T	H	G	I	R	L	I	N	E
Y	T	S	E	A	I	T	E	N	A	S	T	C	R

LYING  
HONESTY  
OPENNESS  
REPUTATION  
SINCERE  
TRUTHFULNESS  
TRUST  
RELIABLE  
ISLAM  
RIGHT



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# The Finer Ways of Taqwa

Aneela Ijaz /Adult contribution / Virginia South

Abdullah ibn Masood (ra) relates that the Holy Prophet (sa) said, “Truth guides to virtue and virtue guides to paradise. A person who persists in speaking the truth, goes on till in the sight of Allah, he is named truthful. Lying leads to vice, and vice leads to the fire and a person goes on lying till in the sight of Allah, he is named a liar” (Bukhari).

Many of us have heard the story of Pinocchio and how every time he told a lie, his nose got longer. Being honest and truthful takes you to places in life that you never could have dreamed of. Telling the truth is the easiest thing you can practice in order to be happy, successful and fulfilled. Truthfulness promotes openness, empowers us and enables us to develop consistency in how we present the facts. It also sharpens our perception and allows us to observe everything around us with clarity.

In the Holy Qur'an, Allah says,

**“O ye who believe! Fear Allah and be with the truthful”** [Ch. 9, V. 119].

The opposite of truthfulness is lying and deceitfulness.

# RIGHTEOUSNESS

Lying is equally bad whether you are deceiving others or

yourself. When you lie, you delude yourself into believing what you're saying. The worst type of lying is when we lie to ourselves. We start deceiving ourselves about our concept of morality, right and wrong, as well as our dreams and desires.



The Promised Messiah (as) said that speaking the truth helps you get to a higher level of *Taqwa* [righteousness]. The Promised Messiah (as) said, “**Man should be inclined to the finer ways of *Taqwa*; therein is safety and well-being.** If one does not take care of small matters then one day these small matters make one commit grave sins. Laxity and carelessness would set in and cause one’s destruction. You should strive to attain high stations of *Taqwa* and for this, inclination towards finer ways of *Taqwa* is essential” (Translated from Malfuzat, Vol. 8, p. 106).

# Truth is the Best!

Aateka Maaz Mirza / Age 9 / Virginia South

**Truth is the best  
Better than the rest**

**Have faith more  
Like you’ve never had  
before**

**Never ever lie  
Tell truth all the time**

**Be polite  
So, you never have to  
fight**

**Allah always knows  
Always and before**

**Truth is the best  
Better than the rest**



# WORD SEARCH

Rezwana Maaz Mirza / Age 7 / Virginia South

A	H	E	L	P	T	T	R	T	S
B	L	T	R	W	R	R	T	Y	T
I	O	L	C	R	U	U	Y	L	R
L	V	F	A	U	S	T	Y	T	E
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M	I	S	T	A	K	E	Y	I	N

- ALLAH
- TRUST
- BELIEF
- ABILITY
- STRENGTH

- MISTAKE
- LOVE
- HELP
- TRUTH
- CARE

# TRUTHFULNESS AND TRUSTWORTHINESS

Hibbatul Bari Iqbal / Age 11 / Virginia Central

Muslims should always tell the truth because Allah says in Holy Qur'an:

***"Shun therefore, the abomination of idols, and shun all words of untruth"*** [Ch. 22, V. 31].



This means that we should stay away from lying because worshiping idols and lying are similar sins. Lying may seem like it will keep us out of trouble, but it stops people from trusting us. Just like in the story of the boy who cried wolf, the boy kept lying, but when a wolf actually appeared nobody believed him because they lost their trust in him. Islam teaches us that if you are truthful, Allah will be pleased with you and you will be rewarded.

# Tell The Truth!

Amna Ali / Age 12 / Brooklyn

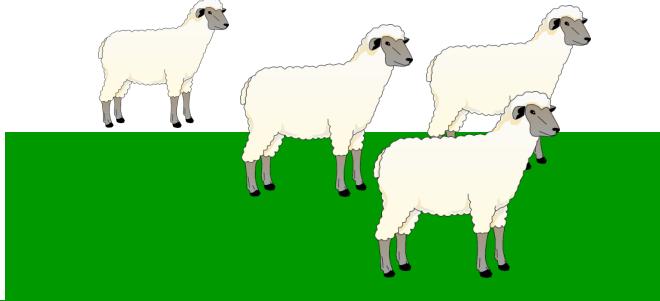
This issue is about truthfulness, so let's explore this topic further. Well to begin, telling the truth is a requirement of our faith. In the Holy Qur'an, it says:

***“And confound not truth with falsehood nor hide the truth, knowingly”*** [Ch. 2, V. 43].

These are Allah's words and Allah has given important rules in the Holy Qur'an for our life and the Hereafter. The question is, why is it important to speak the truth?

In the Holy Qur'an, it states,

***“Surely, men who submit themselves to God and women who submit themselves to Him, and believing men and believing women, and obedient men and obedient women and truthful men and truthful women, and men steadfast in their faith and steadfast women, and men who are humble and women who are humble, and men who give alms and women who give alms, and men who fast and women who fast, and men who guard their chastity and women who guard their chastity, and men who remember Allah much and women who remember Him — Allah has prepared for all of them forgiveness and a great reward”*** [Ch. 33, V. 36].



This illustrates how truthfulness has good results. On the other hand, lying has consequences. For example, if you lie, then people might lose trust in you. You must have heard the story of the boy who cried Wolf. People believed him once or twice, only to realize that he was lying. So, when a wolf actually came to attack his sheep, he cried for help, but no one believed him. All his sheep were eaten because everyone lost trust in his words. All relationships rely on trust, and trust relies on truthfulness. Nobody wants to spend time with someone who tells lies or hides the truth.

Allah says that if you speak the truth, then you will receive a great reward from Him. Abdullah ibn Mas'ud relates that the Holy Prophet (sa) said, “**Truth guides to virtue and virtue guides to Paradise. A person persists in telling the truth till in the sight of Allah he is named Truthful. Lying leads to vice and vice leads to the Fire; and a person goes on lying till in the sight of Allah he is named a liar**” (*Bukhari* and *Muslim*).

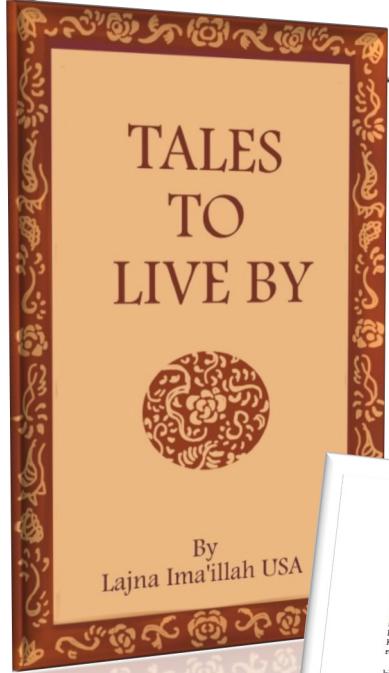
The sole purpose of our existence is to come close to Allah. And if you please Allah by always speaking the truth, then Allah will grant you the glad tidings of Paradise, *In Sha' Allah!*



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"That would be myself," a frail voice called distinctly from the covered vehicle. The Magistrate had come out of his library and took the parchmenting male to him. "The King has sent some horses for you. That is why his Majesty has sent some horses for you." He handed the letter to the King. "He righted my wrongs carelessly and cruelly. The King was a warm-hearted King." He was looking for excuses to save his neighbor. He had asked the Magistrate to come and eat with him. The King's council to the south. The Magistrate's reputation would lend a lot of force to the King's wishes.

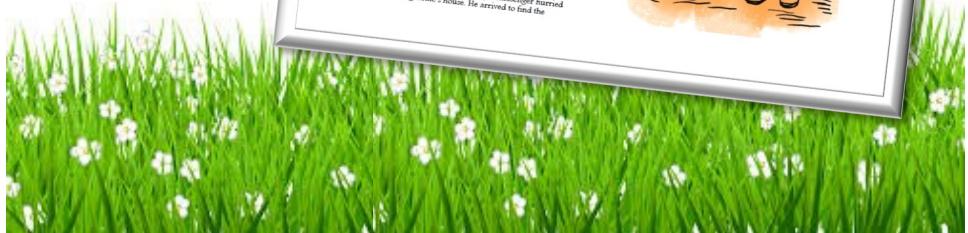
Meanwhile, Sim took the messenger to the kitchen. A howl of tea and cakes seemed to be the man in a fratricide made him long departs for the court of the Emperor. He has been gathering the powerful allies together. He loved his voice. "I am to bring the Magistrate to the palace."

At that moment the Magistrate appeared at the kitchen. "I have my answer for the King." He shook his head slightly. "The King's letter had to be the messenger. "I cannot return with the King to the palace. I have to make the reasons clear in my reply."

The messenger's expression was unshaking. Who was that man who dared to refuse a royal certain death?

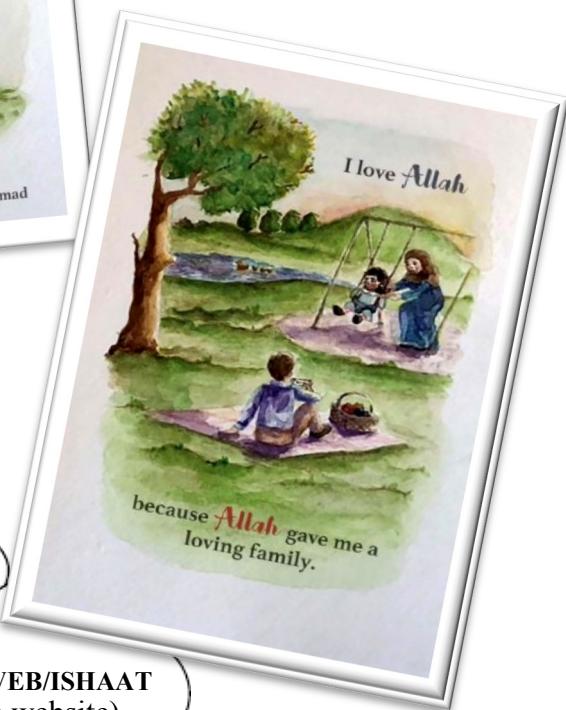
Indeed, this was not as far from the truth. The King was enraged when he heard the reply. "Tell the messenger that life is certainly forfeit to him if he returns from my castle. Go tell him at once that he faces as many deaths as the King's eyes blazed with anger."

For the second time, the royal messenger hurried to the old Magistrate's house. He arrived to find the





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# A Great Lesson

Atia Munawar / Adult contribution / Virginia South

Truthfulness means being honest in our daily lives, being mindful that Allah is All-Seeing and being careful with words and actions. As Ahmadi Muslims, we learn about the life of the Holy Prophet (sa), that he was **As-Siddiq** (truthful) and **Al-Amin** (trustworthy) even before being a prophet. Allah granted him amazing qualities starting in his childhood.



'Abdul Qadir Jilani, a famous Muslim scholar of the 11<sup>th</sup> century, was 18 when he decided to travel to Baghdad for further education. His mother advised him to always speak the truth and mentioned that the Holy Prophet (sa) said, "**Truthfulness leads to righteousness and righteousness leads to Paradise**" (Bukhari). During his journey, the caravan was attacked by a band of robbers. One of the robbers started to

search 'Abdul Qadir and asked him if he had anything valuable, to which 'Abdul Qadir responded yes. The robbers took him to their leader who inquired if 'Abdul Qadir was hiding something. He replied that he had forty gold coins sewn up in his vest. The robber asked him why he did not hide the truth and keep the gold coins safe. 'Abdul Qadir related the advice of his mother, the directives of the Holy Prophet (sa), and the teachings of the Holy Qur'an to always speak the truth. The



leader was so impressed that tears started to roll down his face and he asked for forgiveness and decided to return everything.

This story has a great lesson for us and it's important to remind ourselves to always be truthful and honest as it leads to higher virtues. We are living in a materialistic society where the material things attract us. We want the best clothing, shoes, phone, games and so on. These desires may also make us feel like we should lie or cheat, but we should always remember that our priority is to seek the pleasure of Allah.

# THE TRUTHFUL ONE

Fareeha Iqbal / Age 9 / Virginia Central

Truthfulness is important because if we tell the truth Allah will be pleased with us. If you lie to try to save yourself from trouble, you could end up not only getting into even more trouble, but people will also stop believing in what you say. Lying can easily become a bad habit. Always speaking the truth can stop us from doing other bad things.

The best example of truthfulness is our Holy Prophet Muhammad (sa). He didn't lie even once in his lifetime. People used to call him *As-Siddiq*, the truthful one. We should all try to follow his example.



# HIGH STANDARDS OF TRUTHFULNESS

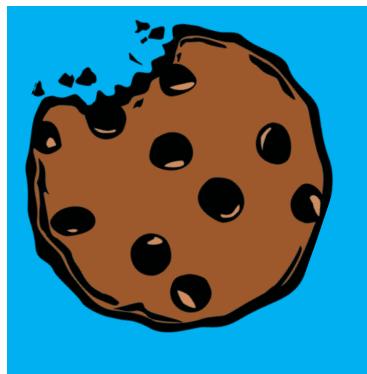
Zara Laiq / Age 13/ Virginia Central

Having done something as small as eating a cookie and then telling your mother you didn't may feel like it doesn't matter in the moment. But it does matter, both in the moment and later. Saying one lie will make you feel like you can lie the next time and it will start to become easier and easier for you to lie without a second thought. It will start to become a habit. That is why Islam has emphasized the importance of truthfulness in every moment. The Holy Qur'an says:

*"And who is more unjust than he who forges a lie against Allah or gives the lie to His Signs? Surely, the unjust shall not prosper"* [Ch. 6, V. 22].

The Holy Prophet's (sa) enemies would make up lies about what the Holy Qur'an stated. They would twist the words and give it some other meaning. They had no intention of joining Islam, but would keep making excuses as to why they could not. This verse tells us that those people who lie about the things Allah the Almighty says will not do well in their lives and that they'll get punished for saying these things. This is the reason God sends prophets. Because people need reformation and someone to set a high standard of truthfulness.

Being Ahmadi Muslims, it is an added responsibility on us to strive to be good and to stay away from falsehood. We



must act upon the conditions of Bai'at. The Second Condition of Bai'at reminds us to stay away from falsehood and says, **“Keep away from falsehood, cruelty, adultery, dishonesty, disorder, rebellion...”** If someone has the habit of lying about things, then they not only destroy their own personality, but they also lose Allah's approval.



The Promised Messiah (as) has said that lying is like associating partners with Allah. He has told us that idol worshiping and lying are equally bad. Just as people would put their trust in idols to keep them safe, people put their trust in lies. They don't think that putting their trust in God is enough, so instead they rely on falsehood to protect them. They forget that God is the only one who can keep them safe and that everything else has no value. Because of this, the Promised Messiah (as) has said

that you should stay away from falsehood so that your habit of lying will soon diminish. The more you make an effort to stay away from it, the easier it is to abstain from it.

Being Ahmadi Muslims, we have to set high standards of truthfulness so that people can see how Ahmadis are different. Our prayers, our salat and our other good actions can only be meaningful if we practice truthfulness in all areas of our lives.



# LONG-TERM SUCCESS!

Manal Ahmad / Age 8 / Virginia Central

Truthfulness is one of the cornerstones of a Muslim's character. All Muslims should strive to follow in the perfect example of our beloved Holy Prophet (sa). The Holy Prophet (sa) is known as *As-Siddiq*, the truthful and *Al-Amin*, the trustworthy.

Truthfulness is important because it pleases Allah. For example, if you did something really bad that you know you're not supposed to do, when you are asked about whether you did it, just tell the truth. You might only get a warning or even a reward for telling the truth. However, the greatest reward for telling the truth will be Allah's pleasure!

There is one incident when a man came to the Holy Prophet (sa) and said, "O Messenger of Allah (sa)! I suffer from three evils. I have tried my utmost to get rid of them, but I have not succeeded. Will you tell me what to do?" The Holy Prophet (sa) said, "If you make a firm promise to give up one of them, I guarantee that you will be rid of the other two." The man promised then asked which of the three he should give up? "**Give up falsehood,**" was the reply.

Sometime later the man came back and told the Holy Prophet (sa) that having followed his advice he was free from all three vices. When the Holy Prophet (sa) asked him for the details of his struggle the man said, "One day I wanted to indulge in one of the three evils and was about to do so when I thought of my



promise to you and realized that if any of my friends asked me about it, I would have to admit it as I could no longer utter a falsehood. This meant that I would acquire an evil reputation among my friends and they would in future avoid me, thinking this, I've persuaded myself to stay away from those evils."



I learned from this incident that truthfulness can save you from so many troubles. Falsehood may give you short-term benefit, but it also results in long-term pain. When you lie once, you have to keep lying to protect your previous lies. That is how lying leads to accumulation of bad deeds. It pushes you into a deep ditch of lies that is difficult to get out of. In contrast, truthfulness brings you long-term success and above all, Allah's pleasure!

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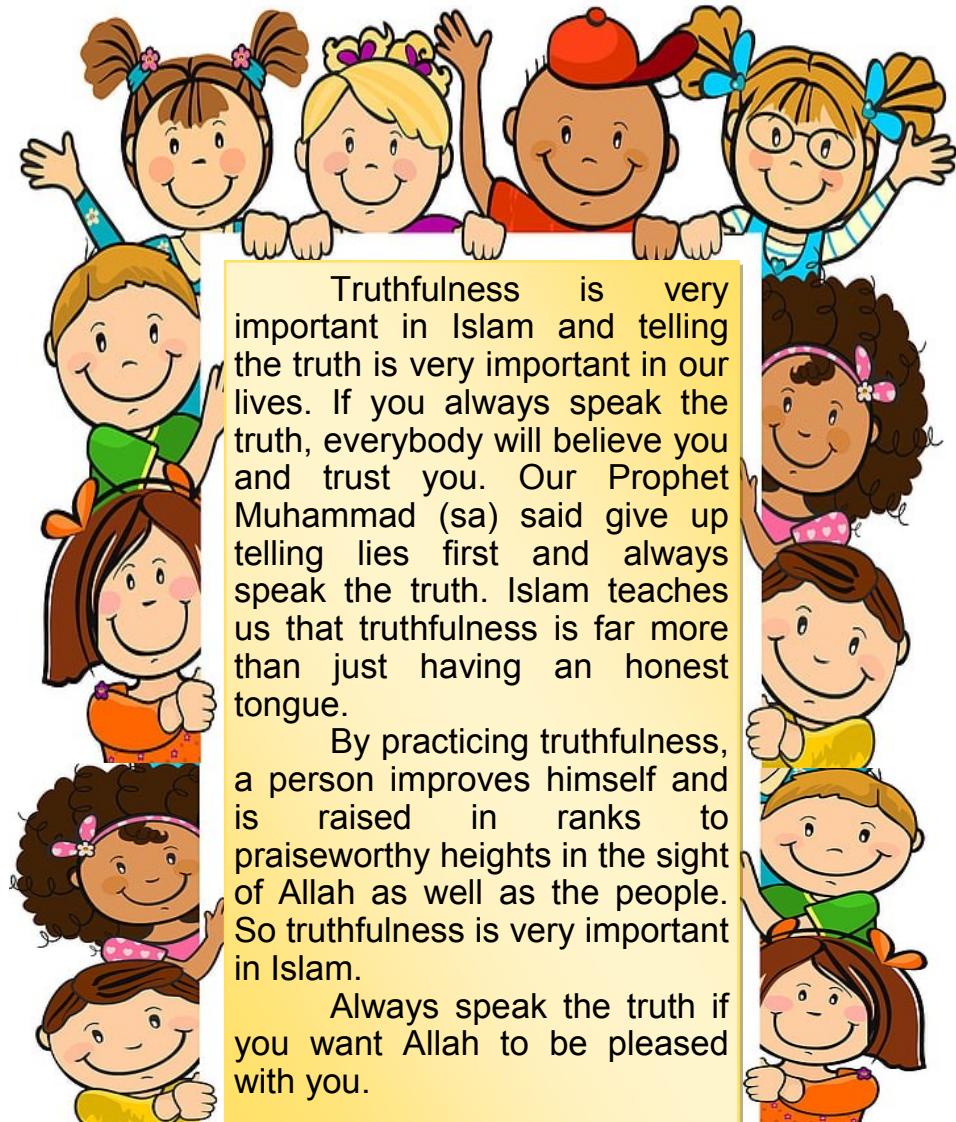
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The book cover features the title "I AM A MUSLIM" at the top. Below the title is an illustration of five children of different ethnicities and skin tones, all wearing traditional Islamic headscarves (hijabs) and colorful clothing (yellow, blue, red, purple). They are standing in front of a stylized representation of a mosque with multiple arched windows. At the bottom of the cover, it says "Written by SABIHA SYEDA Illustrated by MUNAZZA BHATTI".

# TRUTHFULNESS

Hareem Bilal / Age 9 /Virginia Central



# TRUTHFULNESS

Adil Mashood Ahmad / Age 10 / Virginia South

In the Holy Qur'an, Allah says:

**"Shun therefore the abomination of idols, and shun all words of untruth"** [Ch. 22, V. 31].

The Promised Messiah (as) said that Falsehood equals Shirk. When we choose to lie and not tell the truth, we are basically committing shirk by incorrectly believing that our lies will save us instead of Allah. The Second Condition of Bai'at states, **"That he/she shall keep away from falsehood..."**

As Ahmadi Muslims, we should always be truthful and never lie, otherwise Allah will punish us. The Holy Prophet (sa) was known as *As-Siddiq*, the truthful one, because he had

never lied in his life. He was also known as *Al-Amin*, the trustworthy. Every one trusted him because he was so truthful.

Our beloved Huzoor (aba) beautifully explained the importance of truth in his address at Jalsa Salana Fiji in 2006. Huzoor (aba) stated, **"Truthfulness is an excellent moral for the maintenance of peace in the world. If the world becomes steadfast on truth, many troubles can be removed."**

# SUCCESS COMES WITH TRUTHFULNESS

Sajeela Ahmad / Age 11 / Virginia South

The Promised Messiah (as) wrote, “**O you who believe, fear God and say what is based on truth, honesty, fairness and wisdom.**” Telling the truth is important, and it will never hurt you in the long run. Even if you did something bad, telling the truth is the better choice. The Promised Messiah (as) stated, “**There is courage and valor in honesty while a liar is a coward.**”

Lying keeps you from being your true self and succeeding at what you want to do, because sooner or later people will find out that you lied. For example, if a student tells their teacher they did their homework when they didn’t, then their teacher will ask them to hand it in so they can check it. If you finished your homework, you would have practiced what you learned, obeyed your teacher, and would not be embarrassed since you lied.



Those who lie are cowards because they are scared of the short-term consequences, which are not as severe as the harmful effect it will have in the future. If you are truthful, you have either done a good deed, or you are brave enough to say that you have made a mistake. Since you are not concealing your mistake and delivering a lie, it will not affect

you like one who lies.

***“It is they who shall be among those on whom Allah has bestowed his blessings - the Prophets, the Truthful, the Martyrs, and the Righteous”*** [Holy Qur'an; Ch. 4, V. 70].

In a Friday Sermon, Khalifat-ul-Masih II (ra) talked about spiritual and secular ranks. Out of the four ranks mentioned in this verse (Prophets, Truthful, Martyrs, and Righteous), the Truthful ones are those who are very close to the rank of a prophet, but they do not receive revelation from Allah. They make so much progress in religion and purity that they become as close as they can to being a prophet, but are not the same rank as a prophet. This is the rank of a true truthful person.

Lying or hiding the truth brings many misfortunes to those who do so, but if you tell the truth in all cases, then you will always be fine in the end. Telling the truth will make you into a very pure person, and you will always succeed in what Allah enables you to do, *In Sha'Allah*.



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# SUCCESS SHINES WITH TRUTHLNESS

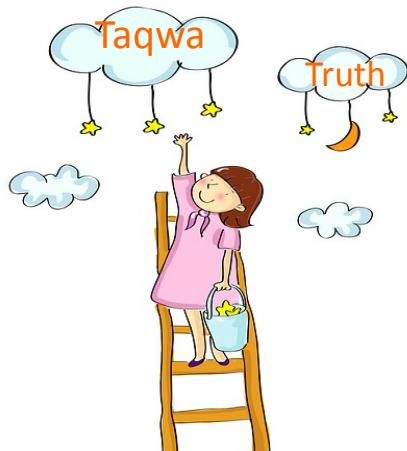
Malaika Khan / Age 12 / North Jersey

It is very important to be truthful in our daily lives because if we are not truthful, we can't achieve success. Truthfulness plays a major role in our success. Truthfulness is the path to success. If we are truthful Allah the Almighty will give you rewards like success. Allah the Almighty says in the Holy Qur'an,

*"O Ye who believe! Fear Allah and say the straightforward word. He will set right your actions for you and forgive you your sins. And whoso obeys Allah and His Messenger, shall surely attain a mighty success"* [Ch. 33, V. 71-72].

The Promised Messiah (as) said that *al-Qawl as-Sadeed* [the right word] means uttering what is completely true and appropriate with no hint of randomness, uselessness and falsehood. This makes it clear that *Taqwa* [righteousness] is attained when truth is upheld in every situation, whether in times of difficulty or ease. If we wish to attain success and the Grace and Beneficence of

Allah the Almighty, then we should always speak the truth. If we want to achieve success through out our whole life, then we should choose the path of truthfulness so that Allah the Almighty will be pleased with us and grant us success and His Blessings.



# CRUTCH SAVES

Ali Ahmad Khan / Age 10 / North Jersey

Truthfulness is very important because as the Holy Prophet said, “**Truthfulness leads to righteousness and righteousness leads to Paradise**” (Bukhari).

The Holy Qur'an explains:

*“Allah will say, ‘This is a day when only the truthful shall profit by their truthfulness. For them are Gardens beneath which streams flow; therein shall they abide forever. Allah is well pleased with them, and they are well pleased with Him; that indeed is the great triumph”* [Ch. 5, V. 120].



It is very important to be truthful because if you care not truthful people won't trust you. We should always be truthful no matter what. Our Holy Prophet Muhammad (sa) always spoke the truth. Even the

enemies of our Holy Prophet Muhammad (sa) used to call him Al-Amin, the trustworthy, and As-Siddiq, the truthful. Our Holy prophet Muhammad (sa) said, “**Truth saves and falsehood destroys.**”

The Promised Messiah (as) related shirk to lying and made it clear that we can attain the nearness of Allah the Almighty when we uphold the truth in every situation. So truthfulness is the right way. The Promised Messiah (as) explained that the Holy Qur'an expands upon the topic of truthfulness more than any other holy book. Truthfulness plays an important and major role in the life of all Ahmadi children worldwide. So we should always tell the truth because the truth will save us from many evils.

# The Truthfulness of the Holy Prophet (SAW)

Ayatt Bajwa / Age 9 / Queens

Allah the Almighty says in the Holy Quran, “*This is a day when only the truthful shall profit by their truthfulness. For them are Gardens beneath which streams flow; therein shall they abide forever. Allah is well pleased with them, and they are well pleased with Him; that indeed is a great triumph*” [Ch. 5, V. 120].

This verse is telling us that when you are truthful, Allah will be pleased with you and will shower you with endless blessings. Our Holy Prophet (sa) was the best example of truthfulness. As a young man, Muhammad (sa) was extremely

honest. Everyone respected him for his excellent behavior. He was so truthful and honest that when he earned the titles *Al-Amin* (the trustworthy) and *As-Siddiq* (the truthful) even before he was called to prophethood. The Holy Prophet (sa) said, “Truth guides to virtue and virtue guides to Paradise. A person persists in telling the truth till in the sight of Allah he is named Truthful” (Bukhari and Muslim).

The example and words of the Holy Prophet (sa) show us that truthfulness is the best path to Paradise.



# TRUTHFULNESS

Sundas Aiman / Age 8 / Virginia Central

Since my childhood, I was always told to speak the truth. Truthfulness is very important in our lives. The Holy Qur'an, the Holy Prophet (sa) and our Huzoor (aba) remind us to be truthful.



Once I told my mom that I am going to Billy Beez with Dad. Instead, I went to my friend's house and then later my mom figured out that I didn't tell her the truth. So my mom was upset and said how I can trust you again. I felt sad that I had made her upset. I said I was sorry and promised that I would not do it again. Truthfulness

always gives you peace of mind. A Muslim should always tell the truth. Allah loves those who say the true words. The Holy Prophet (sa) was known as **As-Siddiq**, the truthful one. We must follow his example and always speak the truth.



# The Power to Change Hearts

Ayesha Mubasher / Age 14 / Virginia Central

Honesty is the one thing that holds the power to change hearts. Truthfulness is not only in reference to honesty towards others, but it is also about how true we are to ourselves. We have all heard at some point in our lives the saying, “Honesty is the best policy.” Maybe you were taught

this by your family, school, or society. Honesty is the main reason why we trust a person. Telling the truth is the key to winning someone’s trust. If you lie to someone and get caught



lying, they will most likely not trust you again, or at least will trust you less than before.

Honesty is about being real with yourself and with the people around you. It is not always easy to be truthful. Sometimes, too much honesty may be seen as rude. For example, people may be perceived as “too honest” if they honestly express their negative opinions. When in this situation, it is best to remain quiet and keep your emotions to yourself. Every day, everyone has a choice to lie or tell the truth. However, one lie leads to another and another, and you will eventually get caught. Telling the truth is powerful.



# Inspiring Examples

Aiza Mahmood / Age 10 / Virginia South

To me, truthfulness means that you are honest to everyone. Being an honest Muslim can go a long way in this life, and in the Hereafter. The Holy Prophet Muhammad (sa) has said: “Adhere to truthfulness for truthfulness guides to Paradise. Surely a man continues to tell the truth and searches for it until he is written as truthful near God. And avoid falsehood; for it leads to condemnation” (Sahih Muslim). This Hadith is telling us how important it is to be an honest person.

The Holy Prophet (sa) was completely truthful and honest, even when others would tell him to lie. His honesty proved to everyone what a pious man he was. He was known as *As-Siddiq*, the truthful and *Al-Amin*, the trustworthy even before he became a Prophet of God.

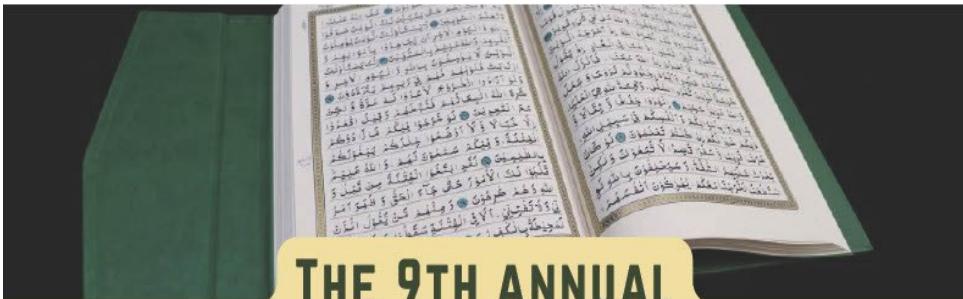
The Promised Messiah (as) has written: “You cannot find any fault, imposture, lies, or fraud in my life (prior to my claim) such that you may think that a person who is accustomed to lying and defrauding others has lied again (about his claims). Who among you can allege such a fault in my life? Hence, it is the grace of God that He has kept me righteous from the beginning and this is an argument for those who ponder” (*Tazkaratus Shahadatain*, p. 62).

We must follow in the footsteps of our Beloved

**Prophet Muhammad Said:**

**Be truthful.**  
Muslim

Masters and be completely honest and truthful in whatever we say, whether you think you will get into trouble or not.



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Al-Hilāl

# Hazrat Abu Bakr, As-Siddiq

Atia Wali / Age 12 / GA/SC

Did you know that Hazrat Abu Bakr (ra) was also called As-Siddiq, the truthful one? Well, that is true! He was also a very, very trustworthy friend and companion. So trustworthy that when the Holy Prophet (sa) migrated to Medina, he asked Hazrat Abu Bakr (ra) to accompany him. This was a very dangerous journey because if anyone knew about it there was a high price on the Holy Prophet's (sa) head, dead or alive.

At another time when the Holy Prophet (sa), Hazrat Abu Bakr (ra), Hazrat Umar (ra), and Hazrat Uthman (ra) were climbing to the top of mount Uhud and the mountain

shook under their feet, the Holy Prophet (sa) said, “Be firm O Uhud, for upon you are a Prophet, a Siddiq (Hazrat Abu Bakr) and two Martyrs (Hazrat Umar and Hazrat Uthman).” This tells us that the Holy Prophet (sa) thought Hazrat Abu Bakr (ra) was trustworthy because he refers to him as As-Siddiq. In the sermon given on December 10, 2021, Huzoor (ab) quoted the

“The Holy Prophet (sa) called Hazrat Abu Bakr (ra) Siddiq because of what he possessed in his heart.”



Promised Messiah (as) saying,  
“The Holy Prophet (sa) called Hazrat Abu Bakr (ra) Siddiq because of what he possessed in his heart.”

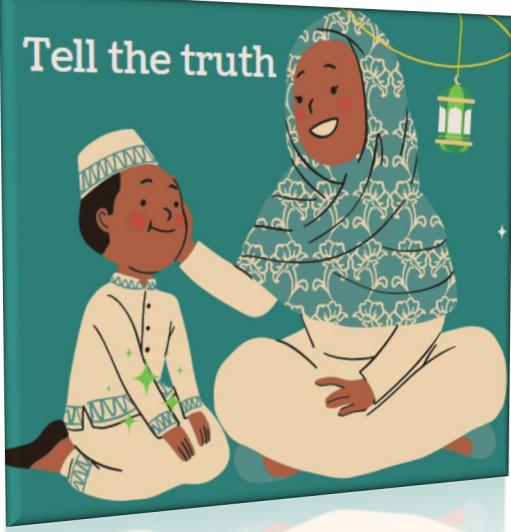
# TELL THE TRUTH

Fatiha Imran / Age 10 / Albany Jamaat

As children, we have been taught to always speak the truth no matter what. But sometimes telling the truth gets us in trouble, which is why some kids grow up developing a habit of lying. Some people lie because they know nothing else besides that, but this leads to trouble.

Let's say, you are playing catch with your friend. You accidentally hit the window and break it.

Tell the truth



You blame it on your friend so you don't get in trouble. This makes your friend angry. When you see how angry your friend becomes, and how nice they were to you, you tell your mom that you were the one who broke the window. But she is not angry that

you broke the window. She is angry that you lied.

When you lie, people don't believe you and become angry with you, but when you tell the truth, people forgive you.

# THE IMPORTANCE OF TRUTHFULNESS

Mana Rehman / Age 10 / Virginia South

It is important to tell the truth. Please do not ever lie. If you want to please Allah and be near Him, then you should always adhere to the truth.



For example, imagine you are at your friend's house and, while playing around, you accidentally hit their vase while your friend was not around. You end up lying when he or she asks what happened. If you are dishonest, your friend will

never trust you. In order to be more reliable, you should be honest.

The Holy Prophet (sa) said, “Truth guides to virtue and virtue guides you to Paradise. A person persists in telling the truth till in the sight of Allah, he is named Truthful. Lying leads to vice and vice leads to the fire; and a person goes on lying till in the sight of Allah he is named a liar” (Sahih Muslim). This Hadith emphasizes the importance of truthfulness and tells us to be very mindful of our words and actions.



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# SOME HELPFUL TIPS!

Rabia Shah / Age 12 / Virginia South

Truthfulness refers to the quality of being honest and not telling any type of lie. Being truthful can benefit humankind in many different ways, such as promoting good relationships and satisfying lives. In the Holy Qur'an, Allah has commanded us to speak the truth:

***"O ye who believe! Fear Allah and be with the truthful"*** [Ch. 9, V. 119].

Being truthful is the best approach as it develops a community of good friends, it promotes a pious life and confidence. Here are some ways that we can implement truthfulness in our daily lives:

1. Strive to be truthful.
2. Take time to reflect.
3. Be straightforward.
4. Stop comparing yourself to others.
5. Change your habits.
6. Be the best version of yourself.
7. Do not exaggerate or embellish.
8. Stop worrying about impressing others.
9. Exercise tact.
10. Avoid liars.
11. Accept feedback.
12. Forgive yourself.



Being truthful is a gift that Allah gave us all. We must all use that gift to become what Allah wants us all to become.

# The Importance on Truthfulness

Rameen Noor / Age 9 / Virginia South

“Speak the truth” is a phrase we hear a lot in our lifetimes. Speaking the truth may seem a small thing to do and say, but it is something huge in our religion.

I am always inspired by the courageous story of Hazrat Sheikh Abdul Qadir Jilani (ra). One day he told his mother he wanted to go to Baghdad. Upon this, his mother sewed forty gold coins in his vest. She gave him four treasured pieces of advice. And one of them was to always speak the truth. On

his way, his caravan was attacked by bandits. They ordered everyone to give them any goods they had.

The bandits asked Sheikh Abdul Qadir (ra) if he had any valuables with him. He replied that he had forty gold coins sewn in his vest. The bandits searched him, but could not

find anything. They brought him to their leader who ordered for the stitching to be undone. And there they were, forty gold coins. Their leader was very impressed at his honesty and he and the robbers pledged allegiance to Islam at the hands of Sheikh Abdul Qadir Jilani (ra). This little anecdote proves that we should always be truthful and never lie.



# A STORY OF TRUTHFULNESS

Aneelah Kauser / Age 14 / Houston

The Promised Messiah (as) once wrote a book and sent it to a publisher. He sent a letter with the book and shipped it as media mail. Media mail means that just media, such as books and magazines, but no documents can be sent. The Christian publisher, to whom the book was sent, opposed the Promised Messiah (as). He used this opportunity to file a case against the Promised Messiah (as) because it was against the law to send a letter along with the book.

The Promised Messiah's (as) lawyer suggested he should lie and say he never put a letter in the book post. The Promised Messiah (as) said, "No, I will not lie." Instead, he said to the judge "I sent the book and the letter in the book post. But I didn't know that it was against the law. The letter

was related to the book with instructions on how to print it. That is why I sent it with the book."

The judge cleared the



Promised Messiah (as) of all charges because he had told the truth. Allah helped the Promised Messiah (as) because he had done the right thing and told the truth. Lying doesn't help anyone, and the more someone lies, the more tangled they get in a web of falsehood. It's always best to tell the truth and do the right thing.

# Truthfulness - no matter what!

Fatima Janjua / Age 7 / Virginia Central

Truthfulness is all about saying the right thing. It may feel easier to tell lies than to tell the truth. It is hard to tell the truth sometimes but it becomes easier with practice. On the other hand, a person who tells a lie will have to keep lying to cover up what they said previously. Such a person loses their trust among others and is considered as a dishonest person and ultimately fails in life. In Islam, truthfulness is an important thing.



Allah has instructed Muslims to speak the truth in every situation, no matter what the situation is. Allah rewards those who speak the truth, as He says in the Qur'an:

***“That Allah may reward the truthful for their truth...”*** [Ch. 33, V. 25].

The Holy Prophet (sa) stressed the importance of truth saying, “**Truth saves, falsehood destroys**”. Our beloved Huzoor (aba) also greatly emphasized the significance of truthfulness in a sermon delivered on December 19, 2003, he said, ‘The easiest course towards *Taqwa* is to follow the path of truthfulness.’

# BE HONEST!

Aroob Latif / Age 12 / Houston

Everyone knows that you should always try to be truthful. However, it is not always easy to tell the truth. The most common reason for us lying is because we are scared, we are afraid of what might happen to us, and what people would think of us.

Allah tells us to always tell the truth and be honest because it helps us become a better person and people would trust you more. Truthfulness is also a sign of a believer. Allah states in the Holy Qur'an:

***“O ye who believe! Fear Allah and be with the truthful” [Ch. 9, V. 119].***

# Truthfulness

Muneefa Khan / Age 8 / Houston



Truthfulness can save you from bad habits. A lie is something Satan wants from you and truthfulness is something that Allah wants. Lying makes life hard. The Promised Messiah (as) relates *shirk* to lying, saying they are the one and the same. The Promised

Messiah (as) said **“Whosoever does not give up lying and deceit, is not of my community”** (Our Teaching).

# THE WAY TO INNER PEACE

Sabeeka Ahmad / Age 10 / Austin

Truthfulness is a great, virtuous quality for someone to have. However, it is also a Qur'anic commandment, as Allah says:

***“O ye who believe! Fear Allah and be with the truthful”***

[Ch. 9, V. 119].



Truthfulness means being honest not just in our speech, but also in our actions, intentions and thoughts. Truthfulness is important as it helps us become a righteous person and brings us closer to Allah. Truthful and honest people are greatly rewarded by Allah. In this regard, our beloved Master, the Holy Prophet (sa) said:

***“Indeed, truthfulness leads to righteousness, and righteousness leads to Paradise. A man does not cease being truthful and strives in truthfulness until he is written with***

***Allah as a *Siddiq*, a truthful one. And beware of lying. Indeed, lying leads to wickedness, and wickedness leads to the Fire, and a man does not cease telling lies and strives in lying until he is written with Allah as a liar”*** (Sahih Muslim).

Being honest and truthful not only makes us trustworthy and reliable, but also brings us inner peace and satisfaction.



# Why we should be truthful

Ayesha Rana / Age 9 / Houston

The Holy Prophet (sa) has said, “Truthfulness leads to righteousness and righteousness leads to Paradise” (Sahih Muslim). And if we want to please Allah the Almighty, we should always speak the truth. Allah says in the Holy Qur'an:

**“And when the matter is determined upon, it is good for them if they were true to Allah”** [Ch. 47, V. 22].

Allah likes people who speak the truth. Allah knows what we are doing and what we are saying because Allah is *Al-Baseer*, the All-Seeing, and *Al-Aleem*, the All Knowing. He knows what is in our hearts.

In his Friday sermon of June 16th, 2017, our dear Huzoor, Hazrat Mirza Masroor Ahmad (aba) explained that we should avoid idol worship and lying as lying is like idol worship. We

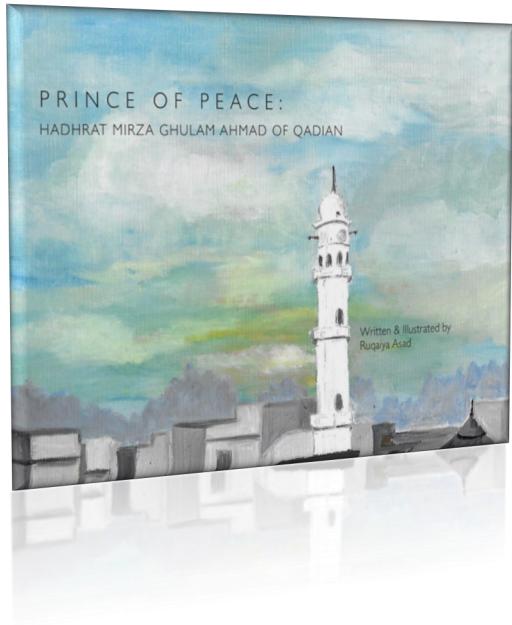
should not depend on our lies because Allah watches over us, and if we think our lies can save



us, it means we think there is something better than Allah the One. Allah says He is the only One and we should always put our trust in Him. We can only do that if we follow all the commandments and remain truthful to ourselves. Every day I pray to Allah to help me follow the rules and always speak the truth, *Ameen*.

# New Children's Book

# The Prince of Peace



The life of the Promised Messiah (as) written for children ages 7 to 14. Original artwork by the author based on authentic photos. Told in a simple style capturing the history and teachings of Ahmadiyya Islam for young readers. An engaging overview that will resonate with parents and children alike.





# Being Truthful

Aamna Rana / Age 13 / Houston

It takes the courage to be true to yourself and true to others. If you keep deceiving other people and misleading them on purpose, you will not have anyone that trusts you.

A lie is a sin. Whenever you lie, and someone finds out, they would have to go and find out things by themselves, rather than just take your word for it. They will expect the same foolery once again. Even when you are telling the truth. The Holy Qur'an states:

***“Surely, Allah guides not him who is an ungrateful liar”*** [Ch. 39, V. 4].



Truthfulness also means that you can grow up to be mature and responsible. Most of the time, you would not have to lie if you were responsible. Your openness and honesty also show that you care about whatever situation you are in.

# TRUTHFULNESS LEADS TO SUCCESS

Mairah Husna Kauser / Age 11 / Houston

Honesty leads to success in life. Being honest sets us up for victory, and honesty benefits our friendships and reputation. By telling the truth, you will be known for being loyal and honest. By always doing the right thing, you set an example of a good Muslim and people will look at you as a representative of your religion. Allah says in the Holy Qur'an,

***“O ye who believe! fear Allah, and say the right word”*** [Ch. 33, V. 71].

This means that we should fear Allah and always tell the truth. Even in the second condition of Ba'it we promise to tell the truth.

There is a story about a man who goes to the Holy Prophet (sa) and says he has many bad habits and asks how he can get rid of them. The Holy Prophet (sa) tells him not to lie and only tell the truth. So the man promises the Holy Prophet (sa) not to lie. Then every time he felt the desire to commit theft or drink alcohol he stopped himself because he realized he would have to lie about it to the Holy Prophet (sa). Sometime later, the man came back to the Holy Prophet (sa) and told him by not lying, he freed himself from all his bad habits.

The moral of the story is that by not lying we are more careful of our actions and are less likely to do bad things, making us more successful in our lives. Speaking the truth is part of our religion and helps us be successful in many aspects of our life. We will improve our reputation, we will be less likely to do bad things, and most importantly, our truthfulness will please Allah.



# Benefits of Truthfulness

Insia Ahmed / Age 16 / Virginia Central



As an Ahmadi Muslim and a person in general, being truthful has many benefits. Allah has said in the Holy Qur'an:

***"O ye who believe! Fear Allah, and say the right word"*** [Ch. 33, V. 71].

Being truthful benefits you in the long run and you can avoid being caught up into more complicated situations that expand to something bigger. For

example, if you had lied to your mother about breaking a vase, the blame would be shifted onto another person and they might be punished for something they did not do. This would obviously anger them and it would become complicated. If you speak up and say the truth, you can avoid extra conflict that is not needed, and you also feel better about telling the truth rather than bottling it up.

Being truthful also determines who you earn your trust from. Telling the truth guides a person to paradise, as the Holy Prophet (sa) had said, **"Truth guides to virtue and virtue guides to Paradise. A person persists in telling the truth till in the sight of Allah he is**



named Truthful. Lying leads to vice and vice leads to the Fire; and a person goes on lying till in the sight of Allah he is named a liar” (Bukhari and Muslim). By telling the truth, you are also a better person morally. If you develop good habits by always telling the truth, you will also develop other good habits that you can adapt and put into your lifestyle. Overall, telling the truth benefits us in the long run and makes us feel better about ourselves. In the end, we will be rewarded for our efforts by Allah, *In Sha' Allah*.

# Why Honesty is Important

Musa Qaderi / Age 12 / Chicago



The Holy Prophet (sa) said, “Truthfulness leads to righteousness, and righteousness leads to Paradise” (Sahih Bukhari). Once, my chromebook broke, and I was afraid to tell my parents, but I did it anyway because it was the right thing to

do. Doing this made me more trustworthy. If you do something bad and do not tell anyone, they will find out and be very mad, and they will not trust you in the future. If you can be completely transparent, then people will be happy that you came out and told them.

# The Truthfulness Badge



Anum Latif/ Age 9/ Houston  
With assistance from Maleeha Latif (mother)

As Ahmadi Muslim girls, we should always tell the truth. We should never lie with each other because Allah is always watching over us. I want to share my personal experience about being honest. In my school there is something called the Self Manager Badge. One of the characteristics to become a Self-Manager is being honest throughout the school. I was the first one to get the badge in my class for being truthful and honest. The Holy Qur'an states:



*"This is a day when only the truthful shall profit by their truthfulness. For them are Gardens beneath which streams flow; therein shall they abide forever. Allah is well pleased with them, and they are well pleased with Him; that indeed is the great triumph"* [Ch. 5, V. 120].

# Truthfulness in Islam

Haya Ahmed / Age 14 / Baltimore

The Promised Messiah (as) said, “**Avoid idol worship and lying.**” In other words, lying is also an idol. The one who puts his trust in lies abandons his trust in God Almighty. So, in lying, one also loses God. When a person abandons his trust, God does not go near him.” This shows us yet again how big of a vice lying is. When a person abandons his trust, Allah does not go near him. Losing the trust of Allah is something most of us cannot fathom. Allah watches over us all the time, and for Him to abandon you would be terrible.



# Truthfulness is a Slice of Peace



Meher Rehman/ Age 10/ Dallas  
With assistance from Attiya Rehman

Abdullah ibn Mas'ud relates that the Holy Prophet (sa) said, “**Truth guides to virtue and virtue guides to Paradise. A person persists in telling the truth till in the sight of Allah he is named Truthful. Lying leads to vice and vice leads to the Fire; and a person goes on lying till in the sight of Allah he is named a liar**” (Bukhari and Muslim).

Truthfulness is one of the most important practices in Islam. In the above Hadith the Holy Prophet Muhammad (sa) has said that a person telling the truth will go to Heaven and will be named the Truthful. What a wonderful name to have! He also said that

someone who is not truthful and lies will be called a Liar and will not go to Heaven.



Truthfulness is very important, especially if someone relies on you to tell the truth. I know that when I am speaking with my friends and



family, I expect them to speak only the truth. I rely on that and trust them. Truthfulness leads to creation of trust and a strong bond with another person. Of course, it is sometimes hard to tell the truth, especially when you are afraid to get in trouble, but actually you will get in less trouble when you are telling the truth than when you are lying.



Lying is hard to do as well. When you tell someone a lie, you forget about it, and if that person asks again, you have to remember it. It is exhausting to keep up a lie and takes too much effort. Why do that to yourself? Why make life more complicated than it already is? Also, you will have a lot of anxiety that someone will catch you in the lie and you might even lose sleep over it. It is not good for your health and your peace of mind is all gone. If you just choose to tell the truth every time you speak, you could skip all of that and just feel good and be able to sleep.

May Allah give us all the capacity to choose truth instead of falsehood. May we be known as trustworthy and may we be named the Truthful.

# TELL THE TRUTH!

Muneefa Ahmed / Age 8 / Virginia Central

Tell the truth always,  
Never tell lies.  
Lies bring bad days,  
And more tears to  
the eyes.



# The Rewards of Truthfulness

Tuba Rizwan / Age 7 / Brooklyn



*“This is a day when only the truthful shall profit by their truthfulness. For them are Gardens beneath which streams flow; therein shall they abide forever. Allah is well pleased with them, and they are well pleased with Him; that indeed is the great triumph” [Ch. 5, V. 119].*

Allah has instructed Muslims to speak the truth in every situation. In Islam, God rewards Muslims for speaking the truth. Muslims have to build the courage and power to speak the truth in order to enter Paradise. Allah says in the Holy Qur'an:



# MY HIJAB

Tanzeela Ahmed/ Age 11/ Virginia North

My Hijab is Special  
My Hijab is Unique  
It is not just a piece of clothing  
It is a deep history  
That lies with The Prophet Muhammad (sa)  
And with Hazrat Khadijah (ra)  
Who was the First woman who wore it.  
You should love your Hijab  
Walk on the busy public streets  
Walk with Pride  
Walk with Compassion  
Walk with Allah  
Never underestimate your Hijab  
It is a blessing  
It is a dedication  
It is a commitment  
To our hearts  
My Hijab is Special  
My Hijab is Unique  
My Hijab is part of me.



# The Unhindered Truthfulness of Hazrat Abu Bakr

Fizah Ahmad /Age 15/ GA/SC



Amongst the different morals in a human being today, there is one trait that has never failed to dominate ascendancy. A principle that would make communication much more effective and prevent the largest conflicts we see today; truthfulness. When someone is honest, they know they are doing the right thing by telling the truth. Being unswervingly committed to truthfulness is found in the purest personalities that ever lived. This trait was divinely manifested in the first successor of the Holy Prophet (saw), Hazrat Abu Bakr (ra).

When the Holy Prophet (saw) passed away, who was it that helped the Ummah regain their sense of direction by giving true context to the situation? The Muslims were in such a state of sorrow, and Hazrat Abu Bakr (ra) must have felt the loss even more as his best friend. In the Friday Sermon of February 18, 2022, Huzoor (ab) stated that at this precarious time when the Muslims were unable to accept that the Holy Prophet (sa) had



died, Hazrat Abu Bakr (ra) quoted the Quranic verse:

***“And Muhammad is only a Messenger. Verily, all Messengers have passed away before him. If then he die or be slain, will you turn back on your heels? And he who turns back on his heels shall not harm Allah at all. And Allah will certainly reward the grateful”*** [Ch. 3, V. 145].

After hearing this, the Ummah regained their balance and realized the truth, that all Messengers will eventually die, being human. Maintaining his title **As-Siddiq**, the Truthful, he delivered an essential message for that time and re-oriented the sorrow-struck Muslims.

Huzoor (ab) said that, “Hazrat Abu Bakr (ra) rendered an amazing service to the Muslim Ummah by reciting and explaining this verse to all the companions gathered on that day. Had he not done so, later clerics could have also said that Jesus (as) is also still alive. However, Hazrat Abu Bakr (ra) explained the truth behind the demise of the Holy Prophet (saw), whilst also dispelling any other erroneous notions.” Hazrat Abu Bakr (ra) dealt with this situation in a straightforward



way and subsequently subdued any rising ideologies at the time that Jesus (as) was still alive, by facing the truth of the Holy Prophet’s (sa) death and the death of all previous messengers. Through this incident and many others, Hazrat Abu Bakr Siddiq (ra) lived up to his title, and proved that he possessed the crucial trait of honesty while maintaining piety. He was the pure essence of truthfulness and never failed to stick to this principle.

# BIB



# YOU ON

## KNOW? KHOJ

The Arabic word **Murabbi** means guardian or protector. It means the one who understands the true guidance from Allah and can impart it to others.

Our **Murabbis** are those who study Allah's guidance for a prolonged period of seven years and learn how to impart it to others, they learn how to teach us about Allah and His Commandments.

Our first **Murabbi** to come to America was Mufti Muhammad Sadiq (ra) who came in 1920. We recently celebrated the centenary of his devoted work and service to the religion and how he started Islam Ahmadiyya in America. Due to the various Jami'a [Ahmadiyya Universities where Missionaries who have devoted their lives for the service of Religion are trained], and especially those in UK and Canada, and due to the Waqf-e-Nau scheme which encourages life-devotees to become a **Murabbi**, many more **Murabbiyan** have been trained to do this important work. Now there are forty-one **Murabbiyan** assigned to the regions and other important tasks in USA!

Do you know the **Murabbi** recently assigned to your Jama'at? Make sure you get to know him. Introduce yourself to your Murabbi and ask him to pray for your well-being.

# Truthfulness

Fayzan Qaderi / Age 9 / Chicago

Truthfulness is

Really, really

Uplifting and

Terrific and it will

Help improve relationships

Fantastic,

Uplifting, and

Loving Truthfulness



## TRUTHFULNESS



This is a picture of a bear cub being truthful to its mother.

# A Quality of Believers

Sarmed Ahmad/ Age 10/ Virginia South

Being truthful is a quality of believers. Allah says in the Holy Qur'an:

***“And who is more unjust than he who forges a lie against Allah or gives the lie to his signs? Surely, the guilty shall never prosper” [Ch. 10, V. 18].***

In this verse, Allah tells us if we lie, we will not be successful. Since the Holy Prophet Muhammad (sa) is successful, then that means that he came from Allah and did not lie. And the verse also supports the truthfulness of the Promised Messiah (as) who proved that he was successful over his opponents when he challenged them. Abdullah ibn Mas'ud relates that the Holy Prophet (sa) said, “Truth guides to virtue and virtue guides to paradise. A person persists in telling the truth till in the sight of Allah, he is named truthful. Lying leads to vice and vice leads to the fire; and a person goes on lying till in the sight of Allah, he is named a liar” (Bukhari and Muslim).



However, that does not mean that if you make one tiny mistake you are doomed. It just means that if you keep lying, you will receive some punishment. If you make a mistake and

then you realize your mistake and pray to Allah for forgiveness, then He is most forgiving. I remember an incident at home where I made a clear mistake. My parents found out. When I was asked if I did that, thank God I had the courage to truthfully admit that it was my mistake. My parents were not mad at me when they found that at least I did not lie. Of course, they explained to me so I would understand and remember this incident and not repeat this or similar mistakes. I hope after reading this you have a good understanding of why you shouldn't lie.



## Speak the Truth

Aariz Ahmed / Age 11 / Virginia South

Speak the truth,  
It is our ancient root.  
Just like Jalaluddin (ra)  
Keep our minds clean.  
Be honest, it's all our promise.  
Don't lie  
that you secretly ate your mom's pie.  
No matter what is at stake,  
Never be fake.  
And no matter how much you are  
disgraced,  
Never let the truth go to waste.



# **What is Truthfulness?**

Aqsa Suhail / Age 12 / Virginia Central



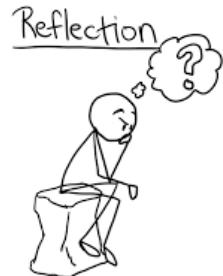
Truthfulness is being honest, even when you do not want to tell the truth. Telling lies will have big consequences whereas telling the truth will keep you away from Satan. In a Hadith, the Holy Prophet (sa) said, **“Say what is true, although it may be bitter and displeasing to people.** (Baihaqi)

Truthfulness can stop you from making bad choices. People who are not scared of lying keep doing bad things and in the end, they suffer the consequences. Telling the truth is an easy way to stay out of trouble because you know that you must tell the truth, and if you do something bad, telling the truth will be hard.

## **The Meaning of Truthfulness**

Kinza Fatima / Age 13 / Virginia South

Truthfulness is about being accurate and honest. In Islam, honesty leads to spiritual success. We all should avoid falsehood. We should be truthful to ourselves and others, even if it means there will be consequences. If you are having trouble being truthful, talk to yourself and take time to reflect. Do not exaggerate or embellish. Prophet Muhammad (sa) said, **“Truthfulness leads to righteousness and righteousness leads to Paradise”** (Bukhari). Allah the Exalted has said in the Holy Qur'an, **“O ye who believe, be mindful of your duty to Allah and keep company with the righteous”** [Ch. 9, V. 119].



*sincere*  
a true friend *straightforward*  
**inner peace**

*honesty* *virtuous*  
**As-Siddiq** *openness*

Qawl-e-Sadeed keep your promises

*reputation* **Truthfulness** *success*

*trustworthy* *saves* *genuine* **the truth** *true*

*real path* *reliable* **the absolute Truth** *right*

*taqwa* **falsehood destroys** *victory*

**Al-Amin**

*tread the path of truth*

**Al-Haqq** *courageous*

# Holy Prophet Muhammad - the Truthful One

Hassan Ahmad Khan / Age 9 / North Jersey

Islam is a beautiful religion that provides us with complete guidelines for all aspects of life. For instance, telling the truth is always a good act. Lying does not lead to anything good. Being truthful and honest is always best and Allah the Almighty likes the truth and honesty.

My mother tells me of one inspiring, beautiful example of truthfulness from the life of our Holy Prophet Muhammad (sa).

Once our Holy Prophet Muhammad (sa) gathered the people of the Quraish around Mount Safa. He asked them, **'If I say that behind this mountain there is an army approaching, will you believe me?'** All the people of the Quraish replied in one voice, **'Yes, they would believe him, because they had never heard or seen him telling a lie.'**



All the people of Mecca believed in his truthfulness and honesty. Undoubtedly no one was more truthful and honest than our Holy Prophet Muhammad (sa).

# Answer Key



G	R	S	G	S	E	S	N	U	E	U	N	N	A
S	S	C	T	C	E	R	O	S	R	R	T	E	L
S	N	E	H	G	N	I	T	N	E	T	L	M	I
E	T	S	I	E	P	Y	A	B	C	P	S	R	S
N	T	T	H	T	O	T	G	O	N	N	Y	E	P
L	F	E	R	T	T	N	P	H	I	A	E	P	R
U	S	E	S	S	I	E	I	L	S	S	A	U	E
F	E	U	Y	Y	N	L	O	N	R	E	N	T	L
H	R	L	L	N	Y	T	S	E	N	O	H	A	I
T	S	O	E	T	I	A	M	A	L	S	I	T	A
U	L	S	S	R	N	I	T	S	Y	O	Y	I	B
R	S	F	I	N	T	I	L	L	R	S	I	O	L
T	L	H	P	I	T	H	G	I	R	L	I	N	E
Y	T	S	E	A	I	T	E	N	A	S	T	C	R

Taimoor Lakan / Age 10 / Columbus  
Puzzle Page 20

# Glossary

Abū Dāwūd ابو داود : A collection of Ahadīth. The author of this collection.

Adhan: The call to prayer

Al-Ḥamdu Lillāh الحمد لله : All praise belongs to Allah.

Al-Hilāl الهلال : The new moon.

Āmīn [Āmeen, Aameen] آمين : So be it. Amen. Ceremony to commemorate the completion of the first reading of the Holy Qur'an.

As-Salāmu 'Alaikum السلام عليكم May peace be upon you. (The formation assalam-o or assalam-u is incorrect as there is no waw , after mīm , hence the abbreviation AoA or A.O.A. or A-o-A is also incorrect.)

Bukhari: A collection of Ahadith. The author of this collection.

Chanda: چندہ Monetary contribution, donation. (The ha at the end is to indicate a fath on dal, and is not pronounced, so should not be explicitly written in the transliteration of the word.)

Hadrat حضرت [Hadrat, Hadrat, Hazrat]: His Holiness

Aḥmad, Ḥadrat Mirzā Masroor (1950-...) حضرت مرتضیٰ مسروور احمد may Allah be his Helper: Fifth successor (2003-...) to the Promised Messiah (peace be on him).

Ḩuḍūr [Ḩudhūr, Ḥuzūr, Huzoor] حضور : His Honor, His Holiness, Your Honor, Your Holiness. In Urdu, it is spelled Ḥaḍūr [Haḍoor, Ḥadhr, Ḥadhoor, Ḥazūr, Hazoor].

Iftār افطار : breaking the Islamic formal fast at sunset

Iftārī افطاری : eating to break Islamic formal fast.

Ijtema: gathering

Jalsa Salana: Annual Convention

Jama'at: Community

Muezzin: caller to Prayer

Nāṣirāt ناصرات : helpers (feminine). A member of Majlis Nasirat -ul-Ahmadiyya, association of young Ahmadi girls.

Sadaqah صدقة: alms

Tablígh: Preaching



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Hadrat Zainab<sup>ra</sup>

Hadrat Juwairiyah<sup>ra</sup>

True Story of a Prince

Rabia's Eid

Hadrat Mirza Bashir-ud-Din Mahmud

Ahmad, the Promised Reformer  
(may Allah be pleased with him)

Hadhrat Safiyyah  
(May Allah be pleased with her)

Hadrat Nuh (peace be on him) and  
the Great Flood

Hadrat Mirza Tahir Ahmad  
(may Allah have mercy on him)

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(may Allah be pleased with her)

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Al-Hilāl  
15000 Good Hope Road  
Sliver Spring, MD 20905



**“Truthfulness -  
is a cornerstone in character, and if  
it be not firmly laid in youth, there  
will ever after be a weak spot in the  
foundation.”**

**“Truth crushed to earth is truth  
still and like a seed will rise again.”**

**- Jefferson Davis**



AHMADIYYA  
MUSLIM COMMUNITY  
*United States of America*

Muslims who believe in the Messiah,  
Mirza Ghulam Ahmad Qadiani