SALAT
THE SECOND PILLAR OF ISLAM
ESSENCE OF THE DAILY PRAYERS
AN EASY WAY TO LEARN TRANSLATION OF SALAT IS TO FIRST LEARN THE TRANSLATION OF KEY ARABIC WORDS

**TAKBIR**
Recited to begin prayer, and before all posture changes EXCEPT after Ruku.

**NIYAAH**
Declaration of intention to engage in prayer, recited before a set of prayers.

**THANAA**
Glorification of Allah

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**LEARN THE FOLLOWING:**

SOUNDS LIKE URDU "SHIRK"

الِّذينِ (Those who) associate partners
وَمَا أَنَا AND I AM NOT
والْأَرْضِ EARTH
الأَثْوَانِ HEAVENS
تَوَارِثُ السَّماوَاتِ AND TOWARDS "ALLAH"
لِلْجَمِيعِ TOWARDS "ALLAH"

LEARN THE FOLLOWING:

Subhanakallah-humma wa bihamdika wa tabarakasmuka wa ta'ala jadduka wala ilaha ghairuk.

Glory to Thee, O Allah, praiseworthy and blessed is Thy name and exalted is Thy majesty and there is no worthy of worship except Thee alone.

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LEARN THE FOLLOWING:

لا إِلَهَ إِلَيْكَ 'None worth of worship...' THINK OF "KALIMA"
تَبَارَكَ BLESSED
يَحْبُبُكَ PRAISEWORTHY
مَعَكَ HOLY ARE YOU

THINK OF YOURSELF "TURNING" YOUR "ATTENTION" TO ALLAH
In the name of Allah, the Gracious, the Merciful. All praise belongs to Allah, Lord of all the worlds, The Gracious, the Merciful, Master of the Day of Judgment. Thee alone do we worship and Thee alone do we implore for help. Guide us in the right path — The path of those on whom Thou hast bestowed Thy blessings, those who have not incurred Thy displeasure, and those who have not gone astray


LEARN THE FOLLOWING:

MASTER
(MALIK)

THE GRACIOUS

"ALL" THE WORLDS

YOU ALONE

DAY OF JUDGEMENT

WE IMPLORE FOR HELP

WE WORSHIP

BESTOWED YOUR BLESSINGS

RIGHT/GOOD

SIRAT SOUNDS LIKE URDU "RAASTHA"

A'BUD SOUNDS LIKE URDU "IBAADAT"

AGHZUB SOUNDS LIKE URDU "AZAAB"

THINK OF URDU MUSTAQIBIL "GOOD FUTURE"
Learn the Following:

- ** latino**:
  - لَمْ يَتَّلد
    - (He) begets not
    - "beget" = does not reproduce
    - i.e. have any children
  - القَمْدُ
    - independent
  - أَحَدُ
    - one
  - فَْلِ
    - say
  - "begotten" = is not the result of reproduction
    - i.e. has a creator/maker
  - كَفَّوْا أَحَدٌ
    - anyone like
    - (unto Him)
  - وَلَمْ يَوْلِدُ
    - (and there is) none
  - (and he is not)
  - بِإِنْذَارٍ
    - begotten
  - أَحَدٌ
    - one

Rukū'

This tasbih is recited in a bowing position with hands on knees

Tasbih means "to give praise".

Refer to thanaa to see similarities!!

Subhana Rabbial ‘Azim.

Holy is my Lord, the Most Great.

Learn the Following:

الْحَمْدُ

The Great/Mighty
Learn the following:

**TASMI’**

*The Imam recites this out loud to signal the congregation to change posture*

سُبْحَانَ اللَّهِ رَبِّي أَلَّلَهُ

Sami’allahu liman hamidah

Allah listens to him who praises Him.

Learn the following:

**TAHMID**

*This is recited silently after Tasmi’*

رَبَّنَا وَلَكَ الحَمْدُ كَمَدًا كَثِيرًا طَيِّبًا مُبَارَكًا فِيْهُ

Rabbana walakal-hamad, hamdan kathiran Tayyiban Mubarakan fih

Our Lord, Thine is the praise, the praise which is bountiful, pure and full of blessings.

Learn the following:

**SAJDH**

*Prostration*

A posture of utmost humility, submission and helplessness in which a supplicant pours his heart before God Almighty and asks for His forgiveness

سُبْحَانَ رَبِّي أَلَّلَهُ

Subhana Rabbial-a’la.

Glory to my Lord, the Most High.

Refer to Ruku’ to see similarities!!

Learn the following:

**PRAISE**

(He) [Hamidah]

Familiar??! Refer to Thanaa and Surah Al-Fatiha

**HEAR**

(Sam) [Sajda]

**TAYYAB** = Pure

Full of blessings

PURE

PLENTY

Full of blessings

Refer to Thanaa and Surah Al-Fatiha
JILSAH  
SITTING POSITION #1

THIS IS THE FIRST OF TWO SITTING POSITIONS AND TAKES PLACE AFTER THE FIRST SAJDH.

Allahum-maghfir li warhamnî wadhîni wa ʿafînî wajburni warzuqnî warfaʿînî
Lord forgive me and have mercy on me and guide me and grant me security and make good my shortcomings and provide for me and raise me up in status.

LEARN THE FOLLOWING: IMAGINE YOU ARE ASKING ALLAH TO GRANT YOU THESE THINGS. ADD “ME” TO EACH WORD E.G. “FORGIVE ME”, “PROVIDE FOR ME”, ETC

FORGIVE ME  PROVIDE FOR ME  MAKE GOOD MY SHORTCOMINGS  SECURITY  GUIDE  MERCY  RAISE ME UP IN STATUS

QA’DAH  
SITTING POSITION #2

THE SECOND SITTING POSITION FOLLOWING THE SECOND SAJDH.

RECITE IN THE FOLLOWING ORDER:
1. TASHAHHUD
2. DURUD
3. SHORT PRAYERS

Attaḥiyatu lillahi was-salawatu wat-tayyibatu, Assalamu ’alaika ayyuhan-Nabîyyu wa Rahmatullahi wa Barakatuh, Assalamu ’alaina wa ’ala ibadillahis-Salîhin. Ashhadu alla ilaha illallahu wa asshadu an-Nabiyyun Muhammadan ’abduhu wa Rasuluh.

All Salutation is due to Allah and all Prayer and everything pure. Peace be upon thee, O Prophet, and the mercy of Allah and His blessings; and peace be on us and on all righteous servants of Allah. I bear witness that there is none worthy of worship except Allah, and I bear witness that Muhammad is His servant and Messenger.

LEARN THE FOLLOWING: UPON US  UPON THEE  علیئنا  علیئت  CONTINUED ON NEXT PAGE...
WE SHOULD TRY TO KNOW THIS IN ITS ENTIRETY

I BEAR WITNESS THAT THERE IS NONE WORTHY OF WORSHIP EXCEPT ALLAH, AND I BEAR WITNESS THAT MUHAMMAD (SA) IS HIS SERVANT AND MESSENGER

IT SHOULD BE NOTED THAT WHILE RECITING TASHAHHUD, WHEN THE WORSHIPPER REACHES THE PHRASE ASHHADU ALLA ILAHA ILLALLAHU, HE/SHE SHOULD RAISE THE FOREFINGER OF HIS/HER RIGHT HAND AND SHOULD DROP IT DOWN AS HE/SHE HAS RECITED IT.

O Allah, Bless Muhammad (SA) and the people of Muhammad (SA), as Thou didst bless Abraham and the people of Abraham. Thou art indeed the Praiseworthy, the Glorious. Prosper, O Allah, Muhammad (SA) and the people of Muhammad (SA), as Thou didst prosper Abraham and the people of Abraham. Thou are the Praiseworthy, the Glorious.
LEARN THE FOLLOWING:

Rabbana

UPON MUHAMMAD

ON BLESS

OH ALLAH

FAMILIAR?!!

THE EXALTED/ GLORIOUS

THE PRAISEWORTHY

ABRAHAM

AS

AS

PROSPER

LEARN THE FOLLOWING:

Rabbij'alni muqimas-Salati wamin dhur-riyyati. Rabbana wa taqabbal du'a'. Rabbanaghfir li wali- walidayya wa lil-mu'minina yauma yaqumul hisab. (14:41-42)

My Lord, make me observe Prayer, and my children too. Our Lord! bestow Thy grace on me and accept my prayer. Our Lord, grant forgiveness to me and to my parents and to the believers on the day when the reckoning will take place.

Our Lord, make me observe Prayer, and my children too. Our Lord! bestow Thy grace on me and accept my prayer. Our Lord, grant forgiveness to me and to my parents and to the believers on the day when the reckoning will take place.

Rabbana atina fiddunya Hasanatan wa fil akhiri Hasanan, waqina adhabannar. (2:202)

Our Lord, grant us good in this world as well as good in the world to come, and protect us from the torment of the Fire.

AFTER DURUD. THE FOLLOWING SHORT PRAYERS ARE COMMONLY RECITED, HOWEVER THERE ARE MANY OTHERS THAT CAN BE SILENTLY RECITED AS WELL TO BESEECH ALLAH FOR HIS PROTECTION, MERCY, AND FORGIVENESS, ETC.
LEARN THE FOLLOWING:

اللهemmii إِنّي طلَّمْتُ نَفْسِي طلَّمًا كُبَّرًا، وَلَا يُغْفِرُ الْدُّنْوَبُ إِلَّا أَنتُ - فَاغْفِرْ لِي مَعْفِرَةً مِنْ عَتَيْكَ، وَارْكَحْنِي إِنَّكَ أَنتَ الْعُفُورُ الرَّحِيمُ

Allahumma inni zalamtu nafsi zulman kathiran, wa la yaghfirudh-dhunuba illa anta, faghfir li maghifiratan min 'indika warhamni innaka antal Ghafurur-Rahim.

O Allah, I have been unjust to myself and no one grants pardon for sins except You; therefore, forgive me with Your forgiveness and have mercy on me. Surely You are the Forgiver, the Merciful.

END OF PRAYER

ASSALAMU 'ALAIKUM WA RHAMATULLAH
Peace be upon you and the mercy of Allah

MAY THIS SALAT GUIDE HELP YOU BUILD A STRONGER BOND WITH ALLAH ALMIGHTY

Remember, Allah says: 'Whoever moves towards Me by the span of an open hand, I move towards him by half an arm's length. And whoever moves towards Me by half an arm's length, I move towards him by the length of an arm. When he comes walking towards Me, I run to meet him.' (Muslim)