بسم الله الرحمان الرحيم

The Amīr/National President Jamā'at Ahmadīyya,

Dear Brother.

السلام عليكم ورحمة الله وبركابية

Humbling himself before God makes a believer worthy of closeness to Him. Also, God enables such persons to fulfil the rights of his fellow beings.

True salvation is guaranteed only for such believers who show humility in Prayer. One is close to God as long as one is close to His elect. When one distances oneself from God's elect, one falls into the abyss of dishonour and misguidance.

On 10 April 2015, Hazrat Khalīfatul-Masīh V (May Allāh be his Helper) delivered the Friday Sermon at the Baitul Futūh Mosque, Morden, London.

Huzoor (May Allāh be his Helper) recited two verses of Surah Al-Mu'minun with their translation.

"Surely, success does come to the believers, who are humble in their Prayers." (23:2-3)

Huzoor (May Allāh be his Helper) expounded upon the literal meanings of the word "khushu" and said: This single word explains the condition of a true believer's Salāt and other forms of worship in vivid detail. Whereas a believer who turns to God with extreme humility while greatly lowering himself and negating his own self will gain divine nearness, he will also be able to pay the dues of God's creation while paying the dues of God. Furthermore, his prayers will become solutions to his worldly affairs as well. Having escaped the clutches of his egotism and self not only will he humbly lower his eyes downcast in Salāt but will also try and practice humility in daily life and will try to avoid numerous social evils.

Huzoor (May Allāh be his Helper) said: The Arabic word "Falah" (success) used to describe the success of true believers has wide-ranging connotations.

Huzoor (May Allāh be his Helper) explained the various meanings of *Falah* given in the lexicon and said: Here, the glad tidings of real *Falah* are given to those believers who try and attain the beneficence of the Divine quality of *Rahimiyat* (mercy) and for this the first requisite is to be humble in Salāt and other forms of worship.

The Promised Messiah علياللا writes: The first stage of a believer's spiritual state is humility, weeping and tender-heartedness which a believer experiences during Salāt and remembrance of Allāh.

The Promised Messiah (المالية says: The state of humility during Salāt is like seminal fluid for one's spiritual state. And just like seminal fluid, it has latent within it all the powers, qualities and features to make a perfect human form. Just as seminal fluid which reaches the womb and is later delivered in the form of a child and then becomes a complete human with all human faculties, similarly humility allows man to gain spiritual ranks and allows him to gain spiritual perfection. Just as seminal fluid is in a precarious state until it reaches the womb (uterus) similarly this rudimentary spiritual state, that is humility, is not out of danger unless it connects to the Ever Merciful (*Rahim*) God. The difference between seminal fluid and the first stage of the spiritual state is that seminal fluid is dependent on being attracted by the womb and this state is dependent on the attraction of a beneficent God. This is an amazing similarity that just as seminal fluid is the first stage of physical state and unless it is drawn to the womb it is nothing in itself, likewise humility is the initial stage of spiritual state and unless it is helped by the beneficent God and is drawn to Him, humility, in itself, is nothing.

Huzoor (May Allāh be his Helper) said: The believers are connected to God as long as they are in touch with the one commissioned by Him. As soon as that connection is lost, they fall in a pit of disgrace and ignorance. Therefore we should always keep the fear of God in our hearts and constantly try to receive the grace of His *Rahimiyat*. We should make efforts to seek his bounties and create a real connection with God. The odd acceptance of prayer or a few true dreams should not make one feel proud. It is God's grace alone through which man's constant efforts to draw the grace of

Rahimiyat are accepted. We should focus on our end so that the grace of Rahimiyat

may accept our efforts and give birth to a being which is perfect in every way. And

may we be counted among those who increase in humility as they develop in

spirituality.

Huzoor (May Allāh be his Helper) said :It is essential for every true believer that the

state of his heart before offering Salat and after finishing Salat is distinctly different. If

there is any sign of egotism or pride in his heart before Salāt, once he completes the

Salāt his heart should be cleared of any negative feeling. Each day should help us

recognize our weaknesses and enhance God's grace on us. May God make us among

those who always engage in *Istighfar*. May each one of us be among those who attain

falah in God's sight!

Please convey these guidelines given by Huzoor (May Allāh be his Helper) to

members of your Jamā'at.

Jazākumullāh.

Wassalām,

(Hameedullah)

Wakīl A'lā,

Tahrīk Jadīd Anjuman Ahmadīyya Pakistan

Dated: 16 April 2015

Page 3 of 3